

# TAGORE MEDICAL COLLEGE HOSPITAL



# DEPARTMENT OF COMMUNITY MEDICINE

Round-Up 2018



#### Foreword

#### Greetings!

Department of Community Medicine takes immense pleasure in presenting to you the round-up of activities for 2018. This year has been an exciting period enriched with implementing a variety of innovative teach learning methods into undergraduate medical education curriculum, intense community based activities- GAJA Cyclone relief activities, Dengue epidemic surveillance activities, excellence in the field of research activities -2 ICMR-STS projects, First prizes won by faculty members and undergraduates in conferences by The Tamil Nadu Dr.MGR University, AIIMS Bhopal, SRM University, Chennai, etc and a resounding success of SWASTHYA-2k18 an Inter-Medical College Academic Fest.

We submit our sincere gratitude to respected Prof. M.Mala, Chairperson, Tagore Educational Trust, Chennai, Dr. N. Guna Sekharan, Dean, TMCH, Dr. K.Siva Prakasam, Medical Superintendent, TMCH for their continuous support and good will vested with the department.

We acknowledge the dedication, commitment and involvement of all the faculties, staff members and CRRI's of the department and health centers at Kelambakkam and Chromepet. It is their contribution in all forms and capacity that elevated the image of the department to the supreme heights. We sincerely thank the undergraduates for their effervescent enthusiasm and openness to participate in all innovative methodologies adapted in their curriculum.

We wish the management Tagore Educational Trust, faculties and staff members of TMCH and all the dear CRRI's and MBBS undergraduates a glorious year ahead and let us all work together to scale new heights in medical education and serve the community with humility and compassion.

Dr. A. Balaji, M.D

**Professor and HOD** 

**Department of Community Medicine** 

TMCH

Chennai-127

TamilNadu

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TAGORE MEDICAL COLLEGE & HOSPITAL RATHINAMANGALAM, MELAKOTTAIYUR POST, Chennai-600 127.

# Faculty in the department

Faculty Name	Designation	
Or. A. Balaji, M.D	Professor and HOD	
Dr. Sree T. Sucharitha M.D	Associate Professor	
Dr. S.A. Ganesh M.D	Associate Professor	
Dr. R.C. Karthik M.D	Assistant Professor	
Dr. K.R.S.Siva priya. M.D	Assistant Professor	
Dr. Radhakrishnan.A . M.D	Assistant Professor	
Dr. Suganya.E M.D	Assistant Professor	
Dr.Ezhilvannan M PhD	Assistant Professor	
Dr.Shirley Peter D.P.H	Tutor	
Dr.Umeswari V MBBS	Lady Medical Officer-RHTC, Kelambakkam	
Dr.Jacquline Divyanandh MBBD,DGO	Lady Medical Officer-RHTC, Chromepet	

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# **Community Health Projects**

Implemented at RHTC, Kelambakkam and UHTC, Chromepet with involvement of CRRI's

PROJECT NAME	RHTC BENEFICIARIES	UHTC BENEFICIARIES	TOTAL Beneficiaries
COMMUNITY MENTAL HEALTH PROJECT *THIRD Thursday of every month	533	325	858
COMMUNITY CANCER -RISK FACTOR STRATIFICATION PROJECT *Friday of every week	297	213	510

## **Research Paper Publications**

Research papers published in peer-reviewed journals globally and nationally included the cumulative publication of 45.

Total Research Publications from all faculties	45
Dr. A. Balaji, M.D	14
Dr. Sree T. Sucharitha M.D	6
Dr. S.A. Ganesh M.D	2
Dr. R.C. Karthik M.D	4
Dr. K.R.S.Siva priya. M.D	4
Dr. Radhakrishnan.A . M.D	1
Dr. Suganya M.D	10
Dr.Ezhilvannan M PhD	1
Dr.Shirley Peter D.P.H	3

### AWARDS AND PRIZES FOR FACULTY

"International Conference on Healthcare Leadership Development and Training on 5<sup>th</sup> September at The Tamil Nadu Dr.MGR Medical University, Chennai.



Dr. Sree T. Sucharitha, First Prize in Poster presentation





Dr. Sree T. Sucharitha,
IJRULA Award
Best Medical ResearchEnvironmental Science

- Comme

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## **ICMR-STS Projects**

S.No	Name of the students	Name of the Guide	Title
1.**	R. Aadarshana	Dr. A. Balaji-ICMR Selected	Neck circumference as a risk indicator for Type 2 Diabetes mellitus- A Community based cross sectional study
2.	K. Lakshmi Preetha	Dr.K.R.Sowmiya	Light epidemic in India: knowledge, perceptions & use of skin lightening products among college students in Chennai.
3.	Ann Preethi Mohandoss	Dr.K.R.S.Sivapriya	Smart phone usage in pregnancy and behavioral problems of children.
4.	B. Rafiudeen	Dr.Radhakrishnan	A community based study to assess the awareness and preventive practices regarding dengue infection among coastal population in southern Tamilnadu.
5.**	S.Jagadesh*	Dr.R.C.Karthik- ICMR Selected	Self-care practices among type 2 diabetics in rural area of Kancheepuram district, Tamilnadu.
6.	Abisha Tino LN	Dr.RM.Sriram	Study on body image dissatisfaction and factors influencing it among college going girls

# **ICMR-STS-Selected Research Topics**

Topic	Guide
Neck circumference as a risk indicator for Type 2 Diabetes mellitus- A Community based cross sectional study	Dr. A. Balaji
Self-care practices among type 2 diabetics in rural area of Kancheepuram district, Tamilnadu	Dr.R.C.Karthik

# **IWSO AIIMS Bhopal Projects**

SI	Name of the Student	Name of the Guide	Title
1.	M.Subhitsha	Dr.A.Balaji	Awareness of occupational cancers due to radiation hazards among industrial Workers
2.	A.Aishwarya	Dr.Radhakrishnan .A	Awareness and attitude to the warning signals of cancer: A hospital based cross – sectional study
3.	R.Swarna lakshmi	Dr.K.R.S.Sivapriya	Awareness of dietary risk factors for gastrointestinal cancers – A community based cross sectional study
4.	M.Shreedhevi	Dr.Suganya.E	Pap smear coverage among Health care providers and Health care receivers



First Prize-Ms. Shreedhevi. M

# FIMDP Projects\*SRM College

S.No	Student	Title	Guide
		Environmental influence on Sleep problems among working adult	
1	P.Swetha	population.	Dr.A.Balaji HOD
		Food Handling in plastic containers	-
	, e	knowledge, attitude & practice	
2	S.Gopikrishna	among doctors.	Dr.Sowmiya
		Awareness regarding Reverse	
		osmosis water usage among	<b>D</b> 0 .
3	Abirami	medical students.	Dr.Sowmiya
	Memi L	E-waste: Awareness and attitude	
		towards generation, health	
		hazards and management among	
	Shiden kumar	health care fraternity in a tertiary	Dr.Sree.T.Sucharitha
4	T.K	health care setting	Dr.Sree. I .Sucharima
		Endocrine disruptor chemicals:	
		usage and awareness on harmful	
	W O G :	chemicals effecting endocrine	
_	K.OmSai	system in personal care products	Dr.Sree.T.Sucharitha
5	priya	among medical fraternity	Di.Sicc. i .Suchartine
		Pictorial warning labels and tobacco consumption: awareness and	
		1	
	Cl. :	perceptions among young adults in Chennai.	
	Shivaashish	in Chemiai.	Dr.Sree.T.Sucharitha
6	K.A.V.S	Pre-packed foods: a study on	D1.51cc.1.5dcitaitai
The state of		consumer awareness on	
		chemical exposure, health and	
		environmental effects in	
7	A.V.B.Roshan	Chennai.	Dr.Sree.T.Sucharitha
	A. V.D.Roshan	Assessment of risk of developing	
		type 2 Diabetes Mellitus in	
		Medical College Students using	
8	S.Gokul	IDRS	Dr.Karthik
	D.GORGI	Child nutrition and environmental	
5 11 8		sanitation-A community based	
9	M.Nilani	cross-Sectional study	Dr.Suganya.E
		Environmental challenges, posing a	
10	S.Roshini	risk for Japanese encephalitis	Dr.Suganya.E
		Study to improve knowledge &	
7		attitude on biomedical waste	
11	N.Aishwarya	management.	Dr.Suganya.E

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First Prize-Ms. S.Roshini

# Community-based research projects by CRRI

SL.NO	TOPIC	GUIDE
1.	Knowledge, Attitude and Practice on solid waste disposal among general population  – A Cross Sectional study	Dr. K.R.S.Siva Priya. M.D
2.	Measures adopted for weight reduction among overweight and obese adults – A Community based Cross sectional study	Dr. Radhakrishnan.A . M.D
3.	Geriatric depression and its risk factors in urban and rural field practice areas of a tertiary care institution in South India - Cross Sectional study	Dr. R.C. Karthik M.D
4.	Mobile phone usage and its perceived ill health effects - A Cross Sectional Study	Dr. Ganesh M.D
5.	Is Rule of halves in hypertension – Still the same – A Cross Sectional Study	Dr. Suganya.E M.D

### January

### **Department Activity**

A "Cancer Awareness Day" program was conducted on 23/01/2018 at the hospital reception to create awareness about Cancer to general public. This program was attended by Dean, Academic Dean and Medical Superintendent, TMCH.





### **Rural Health Training Centre-Activities**

Organized a **Pulse Polio immunization camp** in Kelambakkam, RHTC on 27/01/2018. **Dr.Rm.sriram**, Asst.Prof attended the camp and conducted vaccination for children below 5yrs of age group.





# **Urban Health Training Centre-Activities**

In association with **TANSACS organized a camp** in Kovilambakkam on 23/01/2018. **Dr.R.C.Karthik,** Asst.Prof and Dr.Bhuvaneswari CRRI screened the attendants of the camp and conducted health check-ups.





### **College Activities**

Dr .A. Balaji, Prof and HOD, Department of Community Medicine along with college authorities' organized **Pongal celebrations** on 11/01/2018. During the PROGRAM various events have been conducted like cultural dance, tug of war, uriyadi and traditional songs. Students' participation was enthusiastic.

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RATHINAMANGALAM, 1600 127.
Chennai-600 127.



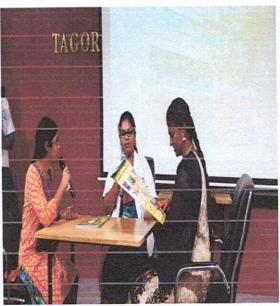


### **FEBRUARY**

### **Department Activity**

Cancer Awareness Day was conducted on 08/02/2018, in Tagore Engineering College campus. Dr. Sowmiya K R Associate Professor created awareness about Breast Cancer to participants. Asst Professor's Dr.K.R.S.Sivapriya and Dr. E.Suganya, guided the 2<sup>nd</sup> year M.B.B.S student to enact a role play.





### **Research Activities**

Out of 45 participants, from various parts of country, M. Shreedevi (158 batch) guided by Dr.E.Suganya, Assistant Professor, has been <u>awarded First prize for research paper</u> presentation in International Winter School of Oncology at AHMS Bhopal.

Respected Prof. M.Mala, Chairperson, Tagore Educational Trust congratulated the winner and the guide.



#### **MARCH**

# **Department Activity**

Dr. Suganya E and Dr. Shirley P, conducted an "Awareness Program on Women Cancers" to commemorate International Women's day (08/03/2018) in SMK Forma Institute of Technology.





World TB Day was organized on 24/03/2018 to create awareness about Tuberculosis to general public. Dr. A.Balaji, Professor and HOD interacted with the public during the session and 2<sup>nd</sup> year M.B.B.S students enacted a role play.



### **Research Activities**

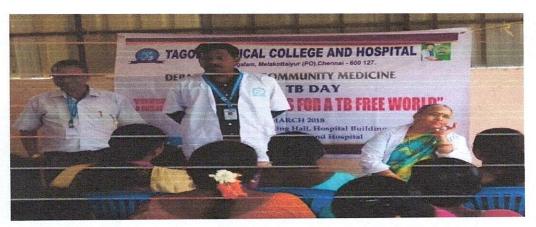
Miss .Roshini 2nd year M.B.B.s student has secured <u>First prize for Poster presentation</u>, under the guidance of Dr.Suganya.E,Assistant Professor, at <u>FIMDP-2018</u>, <u>SRM</u> <u>University</u>.

# \*\*\*12 Research projects have been presented from the department



# **Rural Health Training Centre-Activities**

**Dr.Radhakrishnan A**, Asst.Professor, conducted health talk on **world TB day** to Public on 27 /03/2018 at center, Kelambakkam.



**Dr.Karthik**, Asst.Professor, created awareness on **World TB Day** to Public on **28/03/2018** at center, Chrompet.



#### **APRIL**

# **Department Activities:**

CME titled "Universal health coverage" was organized to commemorate World Health

Day 2018 on 06.04.2018 for the faculties, interns and undergraduate medical students.

Chief guests Dr.Senthil Kumar, Deputy Director, Kancheepuram & Dr.BA.Abhilash, State

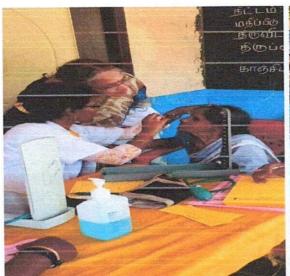
Medical Officer, Kanchipuram.Respected Dean and Special Officer graced the occasion





## **Rural Health Training Centre-Activities**

CRRI activities-Health Education, Community Project, Community
Out reach Camp





## **Urban Health Training Centre-Activities**

In association with TAMILNADU STATE AIDS CONTROL SOCIETY (TANSACS) organized a camp in Palavanthangal on 18/04/2018. Dr.Radhakrishnan A., Asst.Prof along with interns screened And conducted health check up to the participants.



CRRI activities -Health Education, Community Project, Community outreach Camp



# Journal club

"Recent advances in Tuberculosis" was presented by Dr. E.Suganya (Assistant Professor) to all the faculties in department on 20/04/2018.





### **Department Activities**

"Swachh Bharath Summer Internship Program" was inaugurated in our institution. Thaiyur village, under rural field practice area of TMCH, was chosen for Swachh Bharat Summer Internship- 2018 program. Awareness on solid waste Management was given on 23/05/2018.Dr.A.Balaji,HOD, initiated the health education activities. Dr.Suganya.E, Assistant Professor, Community Medicine gave an awareness talk on solid waste management after a short film.



## **CRRI-Review Meeting**

The first batch of interns posted in the department participated in Weekly Review Meeting and feedback from all CRRIs was captured on 27/05/2018.



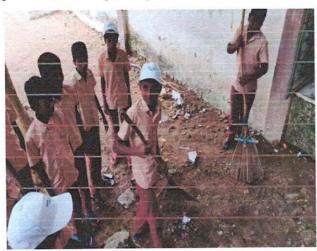
#### JUNE

### **Department activities**

### "Swachh Bharath Summer Internship Program" was

implemented and awareness on solid waste management to the community and school students was given on 1st, 14th and 28th June.

Various competitions have been conducted in schools regarding clean India and distributed prizes to all the participants.





## **Rural Health Training Center activities**

Interns and staff participated in WORLD YOGA DAY-2018 and awareness on Yoga session was conducted for staff members of White House garments factory.

### **Urban Health Training Center activities**

In association with <u>TAMILNADU STATE AIDS CONTROL SOCIETY (TANSACS)</u> organized a camp in **Zamin Pallavaram on 06/06/2018.** 



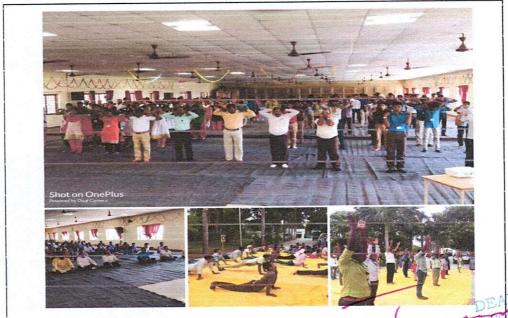
<u>Both centers have celebrated</u> <u>World Environment Day on 8<sup>th</sup> June</u> in Hilton matriculation higher secondary school and Govt .higher secondary school, Thaiyur respectively.



### Other activities

Department celebrated <u>International Yoga Day on 21st June 2018</u> at

Auditorium, and Dean and Medical Superintendent and students participated in practicing Yoga Asanas taught by Yoga gurus.



### **JULY**

# Department activities

"Swachh Bharath summer Internship Program" was

Implemented and awareness on solid waste management to the community was given on 5<sup>th</sup> July.



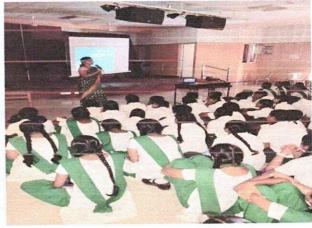
Faculty and interns conducted **Swachh Bharat Program in Jagannath Vidyalaya Secondary School, at Thaiyur.** Various competitions have been conducted in schools regarding clean India and distributed prizes to all the participants.





A health education session on **Gender and Sexual for the girl students** of Vidyodaya Matric.High.Sec.School, T.Nagar was conducted on 18/07/18 and in Hilton Matriculation School on 24/07/18. In both the sessions health education has been given by **Dr.Sowmiya**, **Associate Professor**.





RHTC, Dept. of Community Medicine staffs along with interns distributed pamphlets regarding Swachh Bharat to the population of Thaiyur Village.





Health education session regarding food hygiene and personal hygiene to the staffs of canteen and central kitchen was conducted.



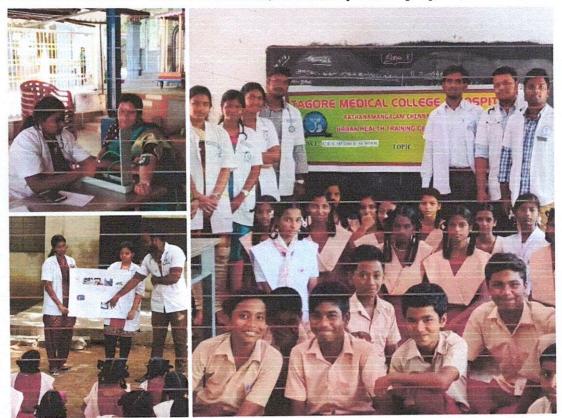


RHTC - CRRI activities - Health Education, community health projects, out reach camps.





### UHTC-CRRI activities - Health Education, community health projects, out reach camps.



### **AUGUST**

# **Department Activities**

- "World Breast Feeding Week 2018" was commemorated by conducting various events both in department and health centers. Guest lectures at Tagore Nursing College Auditorium on August 2<sup>nd</sup> 2018 included
- a. Breast Feeding Positioning and Techniques by Dr.K.R.Sowmiya., Associate Professor
- b. World Breast Feeding Week Theme by Dr.K.R.S.Sivapriya., Assistant Professor.
- c. Panel Discussion on Working Mothers and breast feeding & Paternal role for supporting breast feeding by panel experts- Dr.A.Balaji., Professor and HOD, Dept of Community Medicine, Dr.K.R.Sowmiya., Associate Professor, Dr.K.R.S.Sivapriya, Assistant Professor, Nursing faculty-Mrs.Niranjana, Assistant Professor and Mr.Karthik, Assistant Professor.

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Quiz Competition for 3<sup>rd</sup> year MBBS students (134 Batch): A screening test was conducted in which about 30 students participated. 4 teams comprising three students each team were selected for final round of quiz. Final Quiz session was conducted on Aug 7<sup>nd</sup> in 4<sup>th</sup> Floor Hospital Auditorium, TMCH. Dr.A.Balaji,HOD, Dr.K.R.S.Sivapriya., Assistant Professor, and Dr.R.C.Karthik, Assistant Professor, conducted the quiz. Winners were awarded prizes during the Valedictory Function.



Journal Club

Qualitative data analysis was undertaken by Dr.E. Suganya Asst. Professor on 27/08/2018.





#### **Rural Health Training Center activities**

"World Breast Feeding Week 2018" was commemorated by conducting health education sessions, role play and pop quiz for participants. The program was graced by Dr. A. Balaji, HOD and enthusiastic interaction with participants made the session interactive.



Health camp was conducted at SMK Fomra Institute of Technology on 29/08/18. Health education about Mental Health by delivered Dr.Sree Sucharitha, Associate Professor.



# செப்டம்பா் 5: ஆசிாியா் தினத்தை முன்னிட்டு கேளம்பாக்கம் அருகே தனியார் தொழில்நுட்ப கல்லூரியில் பொது மருத்துவ முகாம்

ான சாலையில் உள்ள தலைமையில் லத்து கல்லூரி ளவ, மாணவிகளுக்கு , காது, பல், தோல், இரத்த சாதனை, சமூக மருத்து ் மற்றும் பொது மருத்து உள்ளிட்ட பரிசோதனை

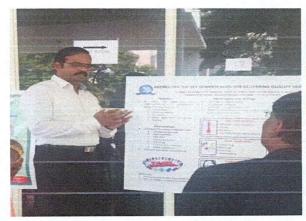


மறைந்த டாக்டர். ராதா கிருஷ்ணன் அவர்களின் பிறந்தநானை ஆளிரியர் தெரியீத்தனர். இனமாக கொண்டாடி வந்து இதில் கல் லூரி துணை வதையொட்டி கல்லூரியில் மாணவு, மாணவிகளின் ரசன்,டோசிரியாகள் மற்றும் ஆரோக்கியத்தை கருத்தில் கொண்டு இந்த மருத்துவ

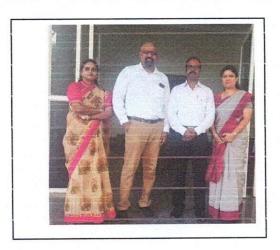
#### **SEPTEMBER**

#### Conference-Faculty

1.Dept. of Community Medicine faculties Dr. A. Balaji, HOD, Dr. SreeT Sucharitha Asso.Prof, Dr.S.A.Ganesh, Asso.prof, Dr. Sivapriya Asst.Prof attended and presented posters in "International Conference on Healthcare Leadership Development and Training" on 5th September at The Tamil Nadu Dr.MGR Medical University, Chennai.









Dr.Sree T. Sucharitha,

Asso.prof has secured

First prize for poster

presentation.

2. Dr.Sree T. Sucharitha, Asso.Prof has secured IJRULA-International

Medical Research Environment Sciences Award for research article titled

"Endocrine Disruptor Chemicals: Usage And Awareness On Harmful
Chemicals Effecting Endocrine System In Personal Care Products Among
Medical Fraternity" at Trichy, Nov 11,2018



Dr.Sree T. Sucharitha, Asso.Prof IJRULA-International Medical
Research Environment Sciences
Award

## **Conference-Undergraduates**

Two students from the 158 batch, attended conference in <u>MEDZANTICA-2K18</u> at Sri Lakshmi Narayana Institute of Medical Sciences, Puducherry and Miss. S.Roshini has won <u>First prize</u> under the guidance of Dr.E.Suganya,.



Dean Dr.N.Guna sekaran ,appreciating

Miss. S.Roshini and guide Dr.Suganya.E

RHTC - Health Education, community health projects, out reach camps.





UHTC - Health Education, community health projects, out reach camps.

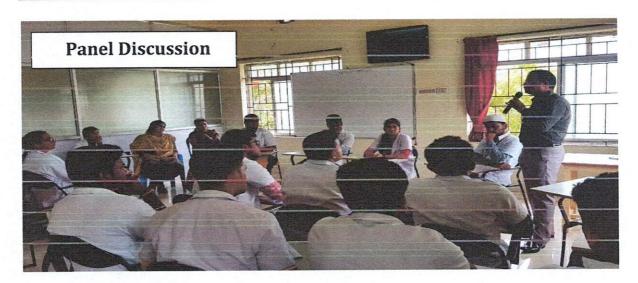


### October

# <u>Department Activities</u> <u>Teaching Learning Methods</u>

Innovative teaching learning methods like <u>Community based medical education</u>, <u>Panel</u> <u>discussion</u>, <u>Debate</u>, <u>ATCOM</u>, <u>Tag along</u> was introduced to the 3<sup>rd</sup> semester (135 batch students) in their clinical postings hours.









**Dengue Awareness Campaign** was organized in Nedunkundram village on 24<sup>th</sup> October. Dr.A.Balaji, Prof and HOD, Dr.S.A.Ganesh, Asso.Prof, Dr.Radhakrishnan A, Dr.Karthik R C Asst.Professors discussed about the factors leading to cause of dengue and the preventive measures needed to be taken. A local school visit and interacted with students there. **Nilavembu Kashayam** was also given to the locals.





In association with <u>Vandalur zoo administration</u> organized **Dengue Awareness**Campaign in Vandalur zoo on <u>28<sup>th</sup> October</u>. Dr.Radhakrishnan A, Asst.Prof, Dr.Karthik R.c Asst.Prof has given awareness about the cause of dengue and the preventive measures that were needed to be taken. Nilavembu kashayam was also given to the visitors of the zoo.









### **Rural Health Center Activities**

<u>Community Mental Health Project implemented on Third Thursday</u> of each month addresses mental health awareness on **Depression** and the talk was given by Dr.Sree.T. Sucharitha, Associate Professor at Tagore Dental College.





RHTC activities Health Education, community health projects, out reach camps.



UHTC activities Health Education, community health projects, out reach camps.





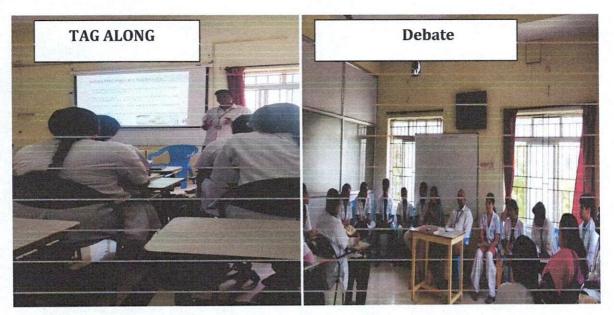
### November

# **Teaching Learning Method**

Innovative teaching learning methods were continued for 3<sup>rd</sup> semester (135 batch students) in their clinical postings hours.







Organized <u>SWASTHYA-2K18</u>, an Inter Medical College Quiz/Posters/Models program commemorating <u>World Diabetes Day-2018</u> focusing on the <u>theme: The Family and Diabetes</u> on Nov. 14, 2018 at Auditorium, 4thFloor,TMCH.

400 participants from various colleges from Tamil Nadu, Kerala participated and 27 posters, 6 models were presented during the event.100 participants undertook screening test for Quiz and six teams were selected for semi-final round and four teams competed in the Final round





### **GAJA Cyclone Relief Camp:**

CMCHIS health camp for GAJA cyclone affected people has been conducted in Viralimalai tk, Pudukkottai district on 22-11-18 & 23-11-18 under the Institutional leadership of Dr.A. Balaji, Prof and HOD and community leadership of Dr.Radhakrishnan A, Assitant Professor, Dr.Ezhilvannan, Assitant Professor, along with 26 medical and paramedical staff.





Dengue Vector Source and Breeding Site Surveillance & Family Health Survey was conducted by in hospital premises and surrounding villages by medico social worker and CRRIs under guidance of Dr.Karthik, Assistant Professor.







LIFE 2.0 –Exhibition promoting awareness on Organ Donation was conducted in coordination with MOHAN Foundation on 29.11.18



MBBS-Undergraduates- LIFE 2.0

Art Exhibition



Ms.Hansie Dinah-Prize winner of LIFE2.0 Art competition

Community Mental Health Project- addressing students of Tagore Nursing College on 29.11.18 DR.Sree T Sucharitha providing education regarding depression.





# RHTC activities- Health Education, community health projects, out reach camps.





# <u>UHTC activities</u>-Health Education, community health projects, out reach camps.





### **DECEMBER**

## Community Diabetes Screening Project

The theme for **World Diabetes Day 2018 and 2019** is **The Family and Diabetes**. Department of Community Medicine, Tagore Medical College Hospital launched *COMMUNITY DIABETES SCREENING PROGRAM* on **05.12.18** and conducted HbA1C test and follow-up care services.







Dr.Sree T.Sucharitha providing health education on life style modifications for prevention of Diabetes type -2

Community Mental Health Project- addressing students of Jagannath

Vidyalaya school on 13.12.18. Dr.Sree T Sucharitha provided life skills education
for Teen Depression.





GORE MEDICAL UCC ATHINAMANGALAM, MELAKOTTAIYUR PO Chennai-600 127. Stress Management Workshop was conducted on December 11<sup>th</sup> for SI's, DSP's at Tamil Nadu Police Academy, Chennai. Stress was assessed using Cohen's Perceived Stress-14 Item Scale.



## **RHTC Activities**

Cancer awareness and prevention camp was conducted on 16/12/2018 at Puthiya Karunai Illam, Mambakam



## **UHTC** Activities

Health education session was conducted for school children about personal hygiene and hand washing practices at Municipal Elementary School, Radhanagar, Chromepet.



Awareness session promoting **ORGAN DONATION** was conducted at Tagore Arts and Science College, Chromepet.

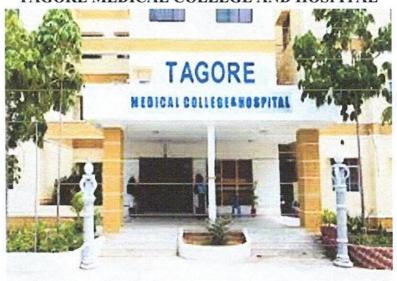




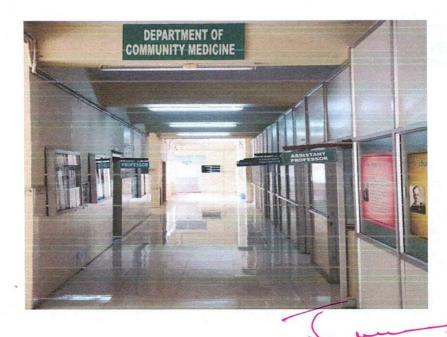
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# TAGORE MEDICAL COLLEGE AND HOSPITAL



# DEPARTMENT OF COMMUNITY MEDICINE **ANNUAL REPORT 2021**



# **Our Patrons**



Prof.Dr.M.Mala., M.A., M.Phil., PhD Chairperson and Managing Trustee, Tagore Educational Group of Institutions, Chennai



Dr. Kumudha Lingaraj., MD.,DA Dean, **Tagore Medical College and Hospital** Chennai



Dr. R. Karunanithi, MS Medical Superindent, **Tagore Medical College and Hospital** Chennai

DEAN

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## HEAD OF THE DEPARTMENT



We submit our sincere gratitude to respected **Prof. Dr. M. Mala M.A., M.Phil**. Managing Trustee- Chairperson, Tagore Educational Trust, Chennai, **Dr.Kumudha Lingaraj**, Dean, TMCH, **Dr.R.Karunanithi**, Medical Superintendent, TMCH for their continuous support and good will vested with the department.

We acknowledge the dedication, commitment and involvement of all the Faculty, Post Graduates, Staff Members and CRRI's of the department and health centers at Kelambakkam and Chrompet. It is their contribution in all forms and capacity that elevated the image of the department to the supreme heights. We sincerely thank the undergraduates for their effervescent enthusiasm and openness to participate in all innovative methodologies adapted in their curriculum.

We wish the management Tagore Educational Trust, Faculties, Post Graduates, Staff Members and CRRI's and MBBS undergraduates a glorious year ahead and let us all work together to scale new heights in medical education and serve the community with humility and compassion.

Dr.Sree.T.Sucharitha., MD
Professor and HOD
Department of Community Medicine
Tagore Medical College and Hospital
Chennai-127

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## **DEPARTMENT - ORGANOGRAM**

Dr.Sree.T.Sucharitha .MD Professor and HOD

Dr.C.Sivagurnathan.MD Associate professor Dr.R.C.Karthik.MD. Associate professor

Dr.A.Vikram.MD Assistant Professor Dr.M.Ezhilvannan.Msc.,PhD Assistant Professor/ Statistician

Dr. Deepak Avinash .MD Tutor Dr. Rajarajeshwari . MD Tutor

Dr. V.Kavitha. Post-graduate Dr.A.Keerthana Post-graduate Dr.S.Vinodhraja Post-graduate Dr. R.Nivetha Post-graduate

Dr. T.Vidhya ., M.B.B.S Lady Medical Officer-RHTC Kelambakkam

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Dr. Sree.T.Sucharitha.,M.D
Professor and HOD,
Department of Community Medicine
Tagore Medical College and Hospital, Chennai



### Leadership position

- Research Coordinator, Centre for Integrated Oral Cancer Prevention research Network (CiOCPrN)
- 2. Member, Student Co-ordination committee, TMCH

#### **Publications:**

- Sucharitha ST, Rangasamy P, Vaishikaa R, et al. Smart phone apps for smoking cessation a qualitative study among healthcare providers in Chennai. J Evid Based Med Healthc 2021;8(21):1630-1635. DOI: 10.18410/jebmh/2021/308
- Sucharitha ST, Mahendran BS, Chatla C, et al. Coping methods among medicos during COVID-19 pandemic in India - a cross-sectional study among medical undergraduates in a tertiary care teaching hospital in Chennai. J Evid Based Med Healthc 2021;8(19):1341-1346. DOI: 10.18410/jebmh/2021/256
- 3. Sree T. Sucharitha.et.al.. Type of Personality and Perceived Stress during COVID-19 Lockdown Period. ISSN Print: 2277 1522; Online: 2277 3517

#### Webinars/online conferences:

- Organized and conducted Webinars in Recent Trends in tobacco Induced Diseases and Covid-19 on 24th August 2021.
- 2. Organized and conducted Inaugural Webinars on Accelerating Innovative Academic Research for Early Detection of Oral cancer on 21st September 2021.
- 3. Organized and conducted World AIDS Day Webinar Series on 1st December 2021.
- 4. Organized and conducted ICMR-NIE collaborative Webinar Series on Research Methodology on 8th December 2021.
- 5. Organized and conducted Webinars on Overview on Omicron and Oral Antivirals on 20th December 2021.

#### Workshops conducted:

- 1. Conducted Introduction to Research Methodology for Interns-Workshop CRRIs on 27th, November
- 2. Conducted Behavioural and Health Counselling Training Workshop for Tobacco and Cancer Control for CRRIs on 14th, December

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### Guest Lecture delivered:

S.No.	Date	Conference/CME	Topic	Institution	
1	7 <sup>th</sup> Oct 2021	ATAL-FDP	Artificial Intelligence Applications in Medical Diagnosis	BAS University Department of ECE, Chennai	
2	24 <sup>th</sup> August 2021.	Recent Trends in tobacco Induced Diseases and Covid-19	Panel Discussion: Tobacco Induce Diseases and COVID-19 impact	Tagore Medical College and Hospital	
3	21st Septembe r 2021.	Accelerating Innovative Academic Research for Early Detection of Oral cancer	Generating Evidence: Smoking and Smokeless forms of tobacco and BAX gene Isoforms	Tagore Medical College and Hospital	
4	1 <sup>st</sup> December 2021.	World AIDS Day	Plenary Panel: Reaching people left behind- Through the Lens of Pandemic	Tagore Medical College and Hospital	
5	8 <sup>th</sup> December 2021.	Research Methodology	Plenary Panel: Improving future health research bench strength	Tagore Medical College and Hospital	
6	20 <sup>th</sup> December 2021.	Overview on Omicron and Oral Antivirals	Omicron :India Update	Tagore Medical College and Hospital	

### **ONLINE COURSES:**

- 1. NABH-NDCT Course
- 2. Good clinical Practice and Clinical trials

#### **Best Paper Awards:**

1. EHCF SCHOOL OF MEDICAL INFORMATICS -AWARD FOR BEST PAPER 2021 Use of Technology in Medicine

The jury has selected "Barriers and Facilitators for Tele-health Consultations during COVID Times: A Multi-State Exploratory Study from India" written by Dr. Sree T. Sucharitha, Professor and Research Coordinator, Central research Lab as the best paper for the year 2021. The best paper was awarded a cash prize of Rs.5000 as e-Certificate.

2. 2nd Prize ORAL PAPER-Faculty 9th Annual Research Society Conference: Maharashtra Institute of Medical Education and Research - MIMER, 19 November 2021 "A qualitative interview study to explore the determinants of Covid-19 vaccinations among sexual and gender minorities in Chennai, Tamil Nadu" was awarded 2nd Prize in Oral Paper (Faculty) Category.

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Dr. C. Sivagurunathan.,M.D Associate professor Department of Community Medicine Tagore Medical College and Hospital, Chennai



### Leadership position and Team work

- 1. Academic coordinator, department of community medicine
- 2. Para clinical coordinator, TMCH
- 3. Co-ordinator, Student Co-ordination committee, TMCH
- 4. Core member (Criteria 6), NAAC Committee, TMCH
- 5. Member, Staff and Student canteen welfare Committee, TMCH

### **Publications:**

 Sivagurunathan C, Umadevi R, Balaji A, Rama R, Gopalakrishnan S. Knowledge, attitude, and practice study on animal bite, rabies, and its prevention in an urban community. J Family Med Prim Care. 2021;10:850-8.

#### Webinars/online conferences:

- 6. Organized and conducted Zoonoses Conference 2021 as Resource person on 6th July 2021.
- 7. Organizing Secretary and Resource person for World Diabetes Day Webinar 2021.
- 8. Participated as delegate in webinar 'Omicron: Overview and Oral antivirals' on 20th December 2021
- Participated as Delegate in Virtual Platform on World AIDS Day "END INEQUALITIES; END AIDS" conducted on 1st December 2021

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## Workshops & CMEs attended:

- Participated as delegate in CME TRENDS AND TUBERCULOSIS UPDATES organized by Department of Community Medicine, TMCH in collaboration with JEET on 09th March 2021
- Completed Revised Basic Course Workshop required conducted by Medical Education Dept, TMCH on 29th, 30th September and 1st October 2021.

### **Guest Lecture delivered:**

S.No.	Date	Conference/CME	Topic	Institution
1	21st Oct 2020	Webinar	Misconceptions & management of dogbite	Sree Balaji Medical College and hospital
2	07 <sup>th</sup> Apr 2021	Guest Lecture	How to be the best Registration Officer – information Officer – Counsellor – Medical Officer at 104 HLL- lessons learnt	TN 104 HHL project, GVK EMRI, DMS.
3	16 <sup>th</sup> Nov 2021	CME cum Worshop	Lecture & workshop on Prescription Writing	Tagore Medical College and Hospital

## **ICMR Online courses:**

1. Completed BCBR course (Cycle-4) with 82% Consolidated score in 2021.

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## Dr.R.C.Karthik. MBBS.,MDAssociate Professor Department of Community Medicine Tagore Medical College and Hospital, Chennai



### Leadership position and Team work

- 1. Faculty in-charge of Urban health and training centre (UHTC), Chrompet
- 2. Member, Disciplinary Committee, Tagore Medical College and Hospital

#### **Publications:**

- 1. A cross sectional study on nomophobia among undergraduate medical students in Chennai, India.[Accepted for publication]
- 2. Assessment of Depression, Anxiety, and Stress among Undergraduate Students of a Medical College in Kancheepuram. [Waiting for editorial review]

### Webinars/Online conferences:

- 1. Organized and conducted Zoonoses Conference 2021 as Resource person on 6th July 2021.
- 2. Organizing Secretary and Resource person for World Diabetes Day Webinar 2021.
- Participated as delegate in online webinar on "Decoding the Menace of Predatory/Cloned Journals" held on 4th September 2021 by HIMS, Dehradun.
- Participated as delegate in 12th National Conference on Health Professions Education held at Sri Guru Ram Das University of Health Sciences, Sri Amritsar from 26th-30th October, 2021.
- Participated as Delegate in Virtual Platform on World AIDS Day "END INEQUALITIES; END AIDS" conducted on 1st December 2021

### Workshops& CMEs attended:

- 1. Participated as delegate in CME TRENDS AND TUBERCULOSIS UPDATES organized by
- 2. Department of Community Medicine, TMCH in collaboration with JEET on 09th March 2021
- 3. Completed Revised Basic Course Workshop required conducted by Medical Education UNIT, TMCH on 29th,30th September and 1st October 2021.
- 4. Attended as delegate in anti-microbial resistance workshop conducted at TMCH.
- Attended RESEARCH METHODOLOGY WORKSHOP conducted in TMCH on November 23rd 2021.

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- Attended CME cum Skill Workshop on the occasion of World Antimicrobial Awareness Week conducted in TMCH on 16th November 2021.
- 7. On 09.03.2021 -Attended CME- TRENDS AND TUBERCULOSIS UPDATES in collaboration with JEET, guest speaker were Dr. Ragavan Parathasarathy MD, WHO consultant and Miss. Sathyalakshmi from JEET. Organized MASS VACCINATION CAMPAIGN on 23.04.2021 at Melakottaiyur, police quarters. COVISHIELD VACCINE was provided by Kelambakkam Government PHC. Beneficiaries around 70 people.

#### ICMR Online courses:

1. Completed BCBR course (Cycle-3) with 88% Consolidated score in 2021.

## **ICMR STS Projects:**

2. Guided 3<sup>rd</sup> year student in ICMR STS-2020 project and submitted report.

#### **UHTC &related activities:**

- Organized and Coordinated World breastfeeding week 2021 activities in UHTC during first week of August 2021.
- Organized and ensured smooth conduction of Mega Vaccination camps conducted by Tagore medical college from September 2021 to November 2021.

#### Awards:

 Guided M.Karthick, Final year student who presented a paper in Medinfinite 2.0 and won the "Best Research Paper Award" conducted by IMA JDN AND MSN at Karpaga Vinayaga Institute of Medical Sciences and research center on 5.12.2021

June 2

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Dr. A. Vikram., MBBS., MD
Assistant Professor
Department of Community Medicine
Tagore Medical College and Hospital,
Chennai.



### Leadership position and Teamwork:

- Assistant Professor in charge of the Rural Health and Training Centre, Kelambakkam since February 2021
- 2. Implementation member (Criteria 2) in NAAC committee, Tagore Medical College and Hospital.

#### **Publications**

- Published a chapter titled 'Pattern of Physical Activity and Its Association with Overweight and Obesity: A Cross-sectional Study among School-going Adolescents in Rohtak District, Haryana, India' in the book "Highlights on Medicine and Medical Research". This chapter is an effort from his MD thesis done under the guideship of Professor Dr. BM Vashisht.
   BM Vashisht, A Vikram, H Bhardwaj. Pattern of Physical Activity and Its Association with Overweight and Obesity: A Cross-sectional Study among School-going Adolescents in Rohtak District, Haryana, India. In: Sharma DC. Highlights on Medicine and Medical Research. Vol 11. Hooghly:Book Publisher International;2021. Pg32-41
- Depression and its socio-demographic correlates among urban slum dwellers of North India: A cross sectional study (accepted for publication in Journal of Family Medicine and Primary Care)

## Webinars/Online Conferences

- Chairperson for the e-poster presentation in 65th Annual National conference of IPHA (IPHACON 2021) organized by JIPMER, Puducherry held between 24th -26th September 2021
- 2. Participated in World Diabetes Day webinar organized by Department of Community Medicine, TMCH on 26th November 2021
- Delivered an online lecture on 'Omicron: Public health surveillance tools: Protect yourself an others' in webinar on Overview of Omicron and Oral antivirals on 20th December 2021
- Participated as Delegate in Virtual Platform on World AIDS Day "END INEQUALITIES; END AIDS" conducted on 1st December 2021

Workshops and CMEs attended

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- Participated as delegate in CME TRENDS AND TUBERCULOSIS UPDATES organized by Department of Community Medicine, TMCH in collaboration with JEET on 09th March 2021
- Organizing member and resource person in 'Seminar series on Bio-ethics' for CRRI on 28th, 31st Dec 2020 and 2nd Jan 2021
- Participated in Revised Basic Course with AETCOM organized by Tagore Medical College and Hospital, Chennai in collaboration with Sri Ramachandra Medical College and Research Institute, Chennai from 29th September to 1st October 2021
- Attended CME cum Skill Workshop on the occasion of World Antimicrobial Awareness Week conducted in TMCH on 16th November 2021.
- Resource person and took an interactive lecture session on 'Literature search using PubMed' in Research Methodology workshop for CRRIs organized by Department of Community Medicine and Central Research Lab, TMCH on 23<sup>rd</sup> November 2021

## **ICMR Online Courses**

1. Completed Basic Course in Biomedical Research in 2021 with a consolidated score of 93%

June 2

Dr. M.Ezhilvanan, M.Sc., M.Phil., Ph.D., M.B.A., Statistician Cum assistant professor Department of Community Medicine Tagore Medical College and Hospital, Chennai



#### Team work

- 1. Implementation Member, NAAC Committee, TMCH
- 2. Member, Disciplinary Committee, TMCH

#### **Publications:**

- A cross sectional study on nomophobia among undergraduate medical students in Chennai, India.[Accepted for publication]
- Assessment of Depression, Anxiety, and Stress among Undergraduate Students of a Medical College in Kancheepuram. [Waiting for editorial review]

### Webinars/online workshop:

- CME- Trends and tuberculosis updates in collaboration with JEET, guest speaker were Dr. Ragavan Parathasarathy MD, WHO consultant and Miss. Sathyalakshmi from JEET, On 09.03.2021.
- Organized and ensured smooth conduction of Mega Vaccination camps conducted by Tagore medical college from September 2021 to November 2021.
- International online workshop on "Basic Statistical Analysis and its Interpretation using SPSS" Participated, Global Institute of Statistics Solutions (GISS), June 4th- 6th, 2021.
- International online workshop on "Analysis using businesses excel, Global Institute of Statistics Solutions (GISS), June 26th – 28th, 2021.

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Dr.Deepak Avinash Tutor Department of Community Medicine Tagore Medical College and Hospital, Chennai



#### Webinars / online conferences:

- 1. Participated as delegate in National Webinar on Addressing NCDs through Front Of Package Labelling (FOPL) in India conducted on 24th November 2021.
- 2. Participated as Delegate in Virtual Platform on World AIDS Day "END INEQUALITIES; END AIDS" conducted on 1st December 2021
- 3. Participated as Delegate in World Antibiotic Awareness Week-Event series conducted on 4 th Decmeber.2021
- 4. Participated as Delegate in Live Webinar on "Introduction to Research Methodolgy" conducted on 8th December 2021
- 5.Participated as Delegate in Live Webinar on Overview of Omicron and Anti-Virals conducted on 20th December.2021

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Dr. N. Rajarajeshwari Tutor Department of Community Medicine Tagore Medical College and Hospital, Chennai



## Webinars / online conferences:

- 1. Participated as delegate in National Webinar on Addressing NCDs through Front Of Package Labelling (FOPL) in India conducted on 24th November 2021.
- 2. Participated as Delegate in Virtual Platform on World AIDS Day "END INEQUALITIES; END AIDS" conducted on 1st December 2021
- 3. Participated as Delegate in World Antibiotic Awareness Week-Event series conducted on 4 th Decmeber.2021
- 4. Participated as Delegate in Live Webinar on "Introduction to Research Methodolgy" conducted on  $8^{\text{th}}$  December 2021
- 5. Participated as Delegate in Live Webinar on Overview of Omicron and Anti-Virals conducted on  $20^{\rm th}$  December  $20^{\rm th}$

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Dr. V. Kavitha 2<sup>nd</sup> year Post graduate Department of Community Medicine TMCH, Chennai



Dr. A. Keerthana 2<sup>nd</sup> year Post graduate Department of Community Medicine TMCH, Chennai



Dr.S.Vinodhraja 2<sup>nd</sup> year Post graduate Department of Community Medicine TMCH, Chennai



Dr. R. Nivetha 2<sup>nd</sup> year Post graduate Department of Community Medicine TMCH, Chennai



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# Activities of the Post Graduates in 2021

SI.No	DATE	Workshops/ e-Conferences/CMEs/Webinars attended	
1.	23.01.2021	VISION-2035 Webinar: PUBLIC HEALTH	
		SURVEILLANCE IN INDIA by NHFW	
2.	31.01.2021	PULSE POLIO IMMUNIZATION CAMP IN KELAMBAKAM	
		GOVT PHC AND TMCH RHTC	
3.	05.02.2021	AWARNESS ABOUT LEPORY AND CANCER WARNING	
		SIGNS ALONG WITH CAMP IN KELAMBAKKAM	
4.	04.02.2021-	EFFICIENT, QUALITY-ASSURED DATA CAPTURE	
	05.02.2021	USING EPICOLLECT5 IN JIPMER ONLINE WORKSHOP	
5.	06.02.2021	COMPASSIONATE COMMUNITIES AND PALLIATIVE	
٥.	00102.2021	CARE WEBINAR BY GOLDEN BUTTERFLIES	
6.	06.02.2021	ASCIAN ACP2021 CONFERENCE and participated in E-	
		Poster Competition	
7.	10.02.2021	WORLD CANCER DAY 2021 AWARNESS PROGRAME	
	St. Salaring and Assessment Street, St.	IN TMCH	
		\$20.0 de navidados	
		AWARNESS CAMP FOR CANCER IN WHITE HOUSE	
l I I I		GARMENTS, PUDUPAKKAM AND GENNERAL CAMP IN	
		CASA GRANDE, SHOLLINGANALLUR	
	40.00.0004	NEWBORN RESUSCITATION WORKSHOP	
9.	18.02.2021	NEWBORN RESUSCITATION WORKSHOP	
10.	23.02.2021	CANCER CERVIX SCREENING CAMP FOR	
10.	20.02.2021	REPRODUCTIVE AGE WOMEN IN WHITE HOUSE	
		GARMENTS, PUDUPAKKAM	
11,	09.3.2021	CME TRENDS AND TUBERCULOSIS UPDATES IN	
		COLLABRATION WITH JEET	
12.	01.03.2021-	TAMBARAM TB SANTORIUM POSTING	
	07.03.2021		
13.	08.3.2021-	DD OFFICE FOR NATIONAA FILARIS UNIT Training AT	
	14.3.2021	CHENGAPATTU	
14.	15.03.2021-	NATIONAL INSTITUTE FOR EPIDEMIOLOGY Training	
	21.03.2021		
15.	15.03.2021-	IAPSMCON-2021 PRECONFERENCE WORKSHOP,	
	21.03.2021	CONFERENCE and participated in E-Paper Competition	
16.	22.03.2021-	MOHAN FOUNDATION NGO training	
	31.03.2021		
17.	02.04.2021-	22 <sup>ND</sup> MHIAPSMIAPHCON2021 PRECONFERENCE	
04.04.2021 WORKSHOP IN SYSTEMATIC REVIEW AND			
		METAANALYSIS, CONFERENE and participated in E-	

	1 = 52	POSTER COMPETITION	
18.	02.06.2021	CHETCOMCON-2021 E-conference	
19.	21.06.2021	E-workshop for International Yoga Day	
20.	23.06.2021	Community activity at Kovalam - vaccination drive for COVID-19 & Health education for International Yoga Day	
21.	20.09.21 <b>-</b> 26.09.21	High End Online SPSS Workshop By AIIMS, Rishikesh	
22.	23.09.21 – 26.09.21	65 <sup>™</sup> IPHACON -2021 by JIPMER, Pondicherry – E-oral paper presentation and Quiz competition	
23.	01.09.2021 – 15.09.2021	National level webinar on RCT & E- oral paper competition by IAPSM TN Chapter and Kanyakumari Government Medical College	
24.	25.09.21`	World Nutritional day celebration in RHTC	
25.	27.09.21 -	E-CME on COVID-19 Vaccines & PG Quiz competition by	
21 =	28.09.21	MMC.	
26.	21.10.2021 - 22.10.2021	Scientific writing workshop by The Tamil Nadu Dr.M.G.R. Medical University	
27.	29.10.2021-	2 <sup>nd</sup> Annual National Conference- EFICON 2021 by AIIMS	
	30.10.2021	Jodhpur – E-poster presentation	
28.	16.11.2021	World Diabetes Day 2021– Community activities Diabetic Awareness program in TMCH RHTC & UHTC	
29.	17.11.2021	World Diabetes Day 2021-Health Screening camp and Diabetic Awareness program	
30.	26.11.2021	World Diabetes Day 2021-State level Webinar and poste competition for World Diabetes Day 2021	
31.	19.11.2021	International Men Days 2021– Tobacco cessation traini workshop	
32.	22.11.2021	World antibiotic awareness week2021-Lecture cu workshop	
33.	23.11.2021	Introduction to research methodology training for A-bat CRRIs 2021	
34.	01.12.2021	World AIDS Day 2021 – Webinar and e-poster competition	
35.	08.12.2021	Introduction to research methodology training by ICN NIE team 2021	
36.	14.12.2021	Universal Health Coverage Day 2021- Tobacco Cessation Training program.	
37.	20.12.2021	Overview on OMICRON and Oral anti-viral drugs.	
38.	20.12.2021 -	Training course on application of biostatistics in	

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## **RESEARCH 2021**

# 1. Published Research Projects (2021).

SL.N O	PAPER PUBLISHED	Dr. Sree.T. Sucharitha	
1.	Smart phone apps for smoking cessation - a qualitative study among healthcare providers in Chennai		
2.	Coping methods among medicos during COVID-19 pandemic in India - a cross-sectional study among medical undergraduates in a tertiary care teaching hospital in Chennai	Dr. Sree.T. Sucharitha	
3.	Type of Personality and Perceived Stress during COVID-19 Lockdown Period	Dr. Sree.T. Sucharitha	
4.	Knowledge, Attitude, And Practice Study on Animal Bite, Rabies, And Its Prevention in Urban Community.	Dr.C.Sivagurunathan	
5.	Depression And Its Socio-Demographic Correlates Among Urban Slum Dwellers of North India: A Cross-Sectional Study.	Dr.A,Vikram	
6.	Knowledge And Perceptions Towards Candidate COVID-19vaccines Among Practicing Physicians of Tamil Nadu: A Cross-Sectional Study	Dr.A.Keerthana	
7.	A Cross Sectional Study on Nomophobia Among Undergraduate Medical Students in Chennai, India	Dr.R.C.Karthik	

# 2. Completed Research Projects (2021).

SL.N O	Completed Research Projects	NAME OF FACULTY
1.	Depression, Anxiety and Stress Among Undergraduate Medical Students in Kancheepuram: A Cross Sectional Study.	Dr.R.C.Karthik
2.	Clinico-Demographic Profile and Hospital Outcomes Of COVID-19 Patients Admitted in A Tertiary Care Hospital of Chennai: A Comparative	Dr.C.Sivagurunathan

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	Analysis of First and Second Wave of The Pandemic	
3.	Dropout Rate of Anti-Rabies Vaccination Among Rural and Urban Communities in Tamil Nadu: A Comparative Cross-Sectional Study.	Dr.S.Vinodhraja
4.	Impact of COVID-19 Pandemic on Glycemic Status In Patients With Type -2 Diabetes.	Dr.V.Kavitha
5.	A Comparative Study on Anxiety and Depression Among Doctors During First and Second Wave of Covid 19 Pandemic.	Dr.R.Nivetha
6.	A Retrospective Study on CT Severity in HRCT Lung Report Among Vaccinated and Non- Vaccinated COVID-19 Patients Admitted in A Designated COVID Hospital, Tamil Nadu.	Dr.R.Nivetha
7.	Adverse Events Following COVID-19 Vaccination.	Dr.A.Keerthana

# 3. Ongoing Research Projects (2021).

SL.N O	Ongoing Research Projects	NAME OF FACULTY
1.	Assessment of Bax gene isoforms in Nicotine Dependence and Propensity for Cancer risk: A Cross-sectional Study in Chennai, South India.	Dr. Sree.T. Sucharitha
2.	Tobacco Use, Harm Reduction and Abstinence Practices among Transgender Adults in Chennai, Tamil Nadu	Dr. Sree.T. Sucharitha
3.	A Cross-Sectional Study to Assess the Prevalence of Morbidity Profile and Its Associated Risk Factors Among Rural Migrant Brick Kiln Workers, Namakkal, Tamil Nadu	
4.	A Comparative Study of Nutritional Status Among Preschool Children in Rural and Urban Population, Tamil Nadu.	Dr.R.Nivetha
5.	Utilisation of Poly Clinic Services Among Urban Slum Dwellers in Greater Chennai Corporation: A Population Based Cross Sectional Study.	Dr.S.Vinodhraja
6.	A Cross- Sectional Study on Physician's Insight Towards E-Sanjeevani OPD in Tamil Nadu	Dr.A.Keerthana

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# 4. Papers Presented InNational and International Conferences (2021).

SL.N	NAME OF	Papers Presented in	ORAL/POSTE	DATE
O	FACULTY	National Conferences	R	
1.	Dr.R.Nivetha	EFICON 2021	POSTER	29.10.2021-
				30.10.2021
		IAPSM TN Chapter National	ORAL	24.09.2021-
		Level Conference – Second		25.09.2021
		Prize		
		IAPHACON 2021	ORAL	23.09.2021-
				26.09.2021
		22ndmhiapsmiphacon2021	POSTER	03.04.2021-
				04.04.2021
		ASCIAN ACPCON 2021	POSTER	06.02.2021-
				07.02.2021
		KACHCON2020	POSTER	21.12.2020-
			_	23.12.2020
		COVIDCON2020	ORAL	10.10.2020
2.	Dr.S.Vinodhraja	IAPHACON 2021	ORAL	23.09.2021-
				26.09.2021
		22ndmhiapsmiphacon2021	POSTER	03.04.2021-
				04.04.2021
3.	Dr.V.Kavitha	KACHCON2020	POSTER	21.12.2020-
				23.12.2020
		IAPSMCON 2021	POSTER	19.3.2021-
				21.3.2021
		IAPHACON 2021	ORAL	23.09.2021-
				26.09.2021
		IAPHACON 2021	POSTER	23.09.2021-
				26.09.2021
4.		EFICON 2021	POSTER	29.10.2021-
4.			3203	30.10.2021
	Dr.A.Keerthana	IAPSM TN Chapter National	ORAL	24.09.2021-
		Level Conference		25.09.2021
		COVIDCON2020	ORAL	10.10.2020

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DEAN



Case Discussion by Dr.A.Vikram, Assistant Professor

2. ACRRI seminar on Prevention of Lifestyle Disease was conducted by Department of Community Medicine on 25th and 27th January 2021.









## **UHTC ACTIVITY:**

# NATIONAL LEPROSY DAY 2021 AWARENESS AND PLEDGE

DATE: 30/01/2021

THEME: Beat the Leprosy and end stigma. Advocate for metal well being.

NO. OF PARTICIPANTS: 20-25 persons

> PUBLIC AWARENESS CAMPAIGN AND SPARSH LEPROSY AWARENESS PLEDGE.

> VISIT TO LEPROSY REHABLITATION CENTER, CHROMPET



25

## **RHTC Activity**

Intensified Pulse Polio Immunization (IPPI) Campaign on 31st January 2021 by Dr. A. Radhakrishnan, Assistant Professor, Community Medicine, and Dr. A. Keerthana, PG, Department of Community Medicine, TMCH



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DEAN
TAGORE MEDICAL COLLEGE & HOSPITAL
RATHINAMANGALAM, MELAKOTTAIYUR POST,
Chennai-600 127.

## **FEBRUARY 2021**

## **Department Activity**

1."Cancer Awareness Day" program was conducted on 10/02/2021 at the hospital reception to create awareness about Cancer to general public. This program was attended by Dean Dr. N. Gunasekaran, Academic Dean Dr. Ravindran and Medical Superintendent Dr. K. Sivaprakasam, TMCH.



## **MARCH 2021**

## **Department Activity**

1) On 23.2.21 Cervical and Breast cancer screening program conducted in WHITE HOUSE, Garments company at Pudupakkam. Visual Inspection by Acetic acid and

Lum

Complete Breast Examination was done for around 30 females, in which 4 females turned positive for VIA. The other findings include polyp, vesicocele, rectocele and small mass on cervix. All the cases were referred to Tagore Medical College and Hospital. Cancer awareness campaign was completed successfully with screening program.

2) 09.03.2021: CME-TRENDS AND TUBERCULOSIS UPDATES in collaboration with JEET, guest speaker were Dr. Ragavan Parathasarathy MD, WHO consultant and Miss. Sathyalakshmi from JEET. The session was very useful and enriched our knowledge and perception towards TB treatment.



3) 29.03.2021: **Fever camp with Swab collection** in collaboration with Govt. Nadhivaram block PHC in SSM nagar, Alapakkam.



## **UHTC ACTIVITY**

1) 10.03.2021: FIELD VISIT PLACE: MGR nagar

As a part of community health education, the doctors and the staff of UHTC made field visit regarding covid awareness and advising general public towards covid vaccination.

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#### 11.03.2021: FIELD VISIT 2) PLACE: INDIRA GANDHI STREET, JOTHI NAGAR

As a part of community health education, the doctors and the staff of UHTC made field visit regarding Covid awareness and advising general public towards Covid vaccination.



12.03.2021: WORLD WOMEN'S DAY 2021 3)

Theme: Choose to challenge

No. of beneficiaries: 30

Sub: To create awareness on women's health



# 4) 18.03.2021: FIELD VISIT

## PLACE: BANGALAMALAI

As a part of community health education, the doctors and staff of UHC made family survey and field visit regarding. Covid awareness and advising general public towards COVID vaccination.



# 5) 19.03.2021: COVID AWARENESS CAMPAIGN

PLACE: TAGORE COLLEGE OF ARTS & SCIENCE HILTON SCHOOL

20



# 6) 24.03.2021: CAMP ANDD TB AWARENESS PROGRAM

**PLACE**: OLD PALLAVARAM TOTAL NO OF BENEFICIARIES-130



**APRIL 2021** 

**Department Activity** 

31

1) 1.04.2021:Fever camp with swab collection in collaboration with Govt. Nadhivaram block PHC at Sriram apartment, Nandhivaram.



## 2) 3.04.2021:

**Morning session:** Fever camp with swab collection in collaboration with Govt. Nandhivaram block PHC at SSM nagar.

Afternoon session: IAPH & IAPSM Maharashtra conference.



- 3) 7.04.2021:Fever camp with swab collection in collaboration with Govt. Nadhivaram block PHC at SSM apartment Nandhivaram.
- 4) 8.04.2021:

Morning session: UHTC family case.

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Afternoon session: UHTC performance review.



4) 15.04.2021

MASS VACCINATION CAMPAIGN at Melakottaiyur, police quarters. Got COVISHIELD VACCINE from Kelambakkam Government PHC. Beneficiaries around 70 people.



5) 23.04.2021

MASS VACCINATION CAMPAIGN, got COVISHEILD VACCINE from Nandhivaram PHC and conducted camp at SSN nagar ,Alapakkam. Benefeciaries-110.

MAY 2021

31st May 2021

33

World No Tobacco Day – Health Education in the field practice area of RHTC, Kelambakkam by Health Educator Mr. Ganapathy and Medical Social Worker Mrs. Benedicta Colleen



# **JUNE 2021**

23.06.2021

34

Health education for International Yoga Day in the Field practice area of RHTC, Kelambakkam



**JULY 2021** 

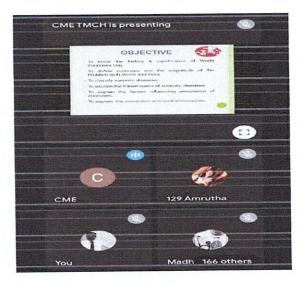
**Department Activity** 

35

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# 1. World zoonoses day 2021

e-CME on Emerging and Re-emerging Zoonotic diseases & Inter -college e-Poster competition commemorating World Zoonoses Day was conducted on 06th July 2021. The programme was inaugurated by Dr. A. Balaji, Professor and Head, Departmentof community medicine, TMCH. Dr. N. Balakrishnan, Joint Director (Rtd), National Centre for Disease Control was invited as the guest speaker. He discussed the 'Emerging and Re-emerging Zoonotic diseases in our country' and enlightened the participants on the 2021 WHO theme for world zoonoses day "Changing Our Relationship with Animals to Avoid another Pandemic". MBBS undergraduate students, CRRIs and Medical post graduates from both government and private medical colleges in and around Chennai participated in the e-Poster competition. The best three posters from each category (UG, CRRI and PG) were awarded cash prizes.



CME ON EMERGING & RE-EMERGING ZOONOTIC DISEASES taken by Guest speaker

# Participation in e-Poster Competition



2. Dr.A.Balaji, HOD on 29.07.21 & 31.07.21 RHTC field visit and review meetings conducted to improve the OPD and to regularly conduct the family survey, to conduct daily field camps in nearby areas to sensitize the field practice area about the centre. Home based collection for diabetic patients to improve the laboratory patient inputs.



### **CRRI Activities:**

**Weekly review** meeting was made as a regular part of curriculum for **CRRIs posted (D- Batch)** in Community Medicine.

Dept of Community Medicine started three long term community based projects namely

- a)Community Mental health project with the use of PHQ9 scale
- b)Community cancer project
- c) Concurrent TB and Diabetes- Double trouble to the country

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# RHTC – various CRRI activities (Health Education, Community Project, Community outreach Camp.





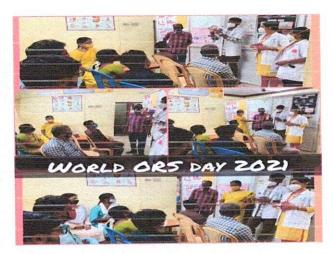


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# UHTC – various CRRI activities (Health Education, Community Project, Community outreach Camp)

#### Health education

As part of ORS week 25th -31st July 2021. Today on World ORS day (29.07.21) we conducted health education on the world ORS day theme of "Oral Rehydration no more" at UHTC



AUGUST

On 2<sup>nd</sup> Feeding Pregnant August 2021, World Breast Week Health Education to and Lactating Mothers at

2021

RHTC Kelambakkam by Dr. A. Vikram, Assistant Professor and Post Graduates of Community Medicine, TMCH

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# **SEPTEMBER 2021**

On 24th September 2021, Mobile Health Clinic conducted at Kovilmaniyam by RHTC CRRIs and health staff

40



# OCTOBER 2021

# UHTC

1) 01/10/21: Health camp and Health education

VENUE : Nethaji nagar , Hasthinapuram PARTICIPANTS : General Public



## **EVENTS:**

- General health checkup.
- Height and Weight were recorded.
- Skin lesions, Dental caries, Respiratory tract infections, under developed children were identified and prescribed drugs.

2) 09/10/21

VENUE: Vinobaji nagar, Hasthinapuram

# PARTICIPANTS: general public



# 3) 21/10/21

# VENUE: Erikkarai street, Hasthinapuram PARTICIPANTS: General Public



## **EVENTS:**

- General health check-up.
- Height and Weight were recorded.

4) 22/10/21

VENUE: Nethaji nagar 1 main road, Hasthinapuram

**PARTICIPANTS: General Public** 

FAMILY HEALTH SURVEY, DENGUE AWARENESS & MOTIVATION FOR COVID -19 VACCINATION on 22/10/2021



CRRI: K.KARTHICK RAJA GIRIJA

@NETAJI NAGAR, MAIN STREET HASTINAPURAM

## **NOVEMBER 2021**

## **Department Activity**

1.15.12.2021: Qualitative research from Annapurana Medical College attended by PG'S

2.17.11.2021: Diabetes Day Screening Camp in 1st floor TMCH

44



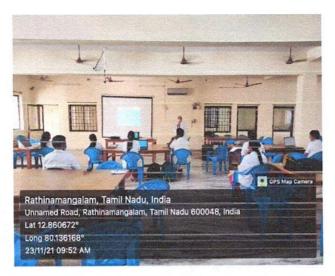
3.19.11.2021: Leveraging Hospital consultations to promote Tobacco cessation Workshop for CRRI's & PG's in Tagore Dental college auditorium

4.22.11.2021: ANTIBIOTIC AWARENESS WEEK-Hands on training for CRRI's on prescriptionwriting, TMCH



5.23.11.2021: Research Methodology Workshop for CRRI -Own book reading hall, TMCH

45





6.26.11.2021: WORLD DIABETES DAY-2021 webinar & Inter- College

E-poster competition for UG's, PG's & CRRI's

## **GUEST SPEAKERS:**

- 1. Dr. S. VISHWANATHAN, Physician and Consultant Diabetologist, TMCH
- 2. Dr.C.SIVAGURUNATHAN Associate Professor Dept of Community Medicine, TMCH.
- 3. Dr. ASHWIN MUKUNDHAN, Chief Consultant, Dr. Mohan's Diabetes Specialties Centre, Calicut
- 4. Dr.R.C. KARTHIK, Associate Professor, Dept of Community Medicine, TMCH

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TAGORE MEDICAL COLLEGE & HOSPITAL
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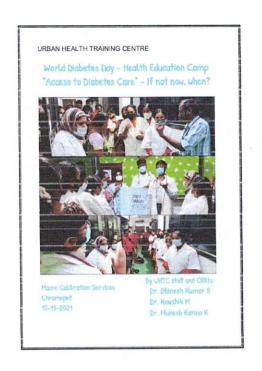
# **UHTC Activity**

1) 12/11/21: Health education program on Dengue and Monsoon Disease VENUE: Ayyasamy School Street, Chrompet PARTICIPANTS: General Public

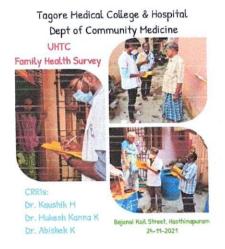


 15.11.2021: As a part of our community outreach program for World Diabetes Day, the doctors and staff of the UHC, Chrompet conducted a Health Awareness And Education Camp On Diabetes for the employees in Macro Calibration Services, Chrompet.

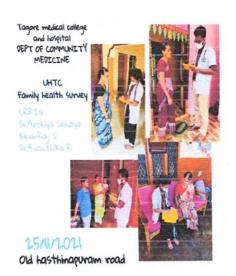
> TAGORE MEDICAL COLUMN A PROS RATHINAMANGALAM, MELA Chennai-600



3) 24.11.2021: UHTC Family Health Survey



4) 25.11.2021: UHTC Family Health Survey



# RHTC ACTIVITY

1) Diabetes Awareness Programme was conducted on 16/11/21 among sanitary health workers residing in Madha Koil Street of Kelambakkam



#### **DECEMBER 2021**

#### Department

1) 1.12.2021: World AIDS day Webinar:

"End In-equalities; End AIDS"
The guest speakers were Dr.P.Balakrishnan.,PhD
Dr.Arvind Manoharan.,M.D
Dr.Suganya E., M.D

A poster competition for undergraduates, CRRI's and Post graduates was held.

- 2) 8.12.2021: Introduction to Research Methodolgy-Live Webinar
- 3) 14.12.2021: Universal Health Coverage Day 2021-Workshop for CRRI's on Behavioral and Health Counselling Training Workshop for Tobacco and Cancer Control
- 4) Covid-19 Awareness Programme for CRRI's and Undergraduates
- 5) 20.12.2021: Live Webinar on OMICRON- Overview and Oral Anti-Virals

# **UHTC** Activity

1) 1.12.2021: Health camp and education on Diabetes mellitus and Hypertension Venue: Senior citizen's home, Nehru Nagar Madhar Sangam.



2) Health education on Dengue and monsoon diseases Venue: Ramachandhran street





# 3) 11.12.2021: Health Camp

Health education on Dengue and COVID-19

Venue: Indira cotton mill

Benefeciaries: 59









Health Camp 11.12.2021 Site:Indira Cotton Mill Beneficiaries: 59

Interns: Daffina Bharathi Hari Subramani









Health education on Dengue and COVID-19 II.12.2021 Site:Indira Cotton Mill Beneficiaries: 59

interns: Daffina Bharathi Priya Hari Subroman

4) 13.12.2021: Health education about Diabetes and COVID-19

Venue: Urban Health Training Centre, Chrompet

Benefeciaries: 14



TAGORE MEDICAL COLLEGE AND HOSPITAL

Health education about Diabetes and COVID-19





CRRI's: Avanthika R Anu dharani S

13/12/2021

Urban health training centre, Chromepet

Beneficiaries:14

5) 18.12.2021: Health education and camp on Dengue and COVID-19 Beneficiaries: 51





Crri: A.ks.Darni M.Bharathkoushik Monisha









6) 18.12.2021: General Health Camp

Venue: Prince Vasudevan Engineering College, Ponmar

Benefeciaries: 208



Tagore medical college and hospital Department of community medicine



Crri's: Anu Dharani S Avanthika R Deeptajeet Paul



Venue: Prince vasudevan engineering college, Ponmar

# General health camp

Beneficiaries:208

7) 20.12.2021: Family Health Survey Venue: Sathya Vani Muthu Nagar, Kumaran Kundram



# Family Health survey from UHTC on 20.12.21



Sathya Vani Muthu Nagar, kumaran kundram



# **RHTC Activity**

- 1) Medical camp at Thulukkanathamman temple Kovilmanyam
- 2) Family health survey at



Medical camp @ Thulukkanathamman temple- Thayyur



3) Family Health Survey 4) Health camp at Puthiya Colony



# Health Camp at Puthiya Colony 18/12/2021

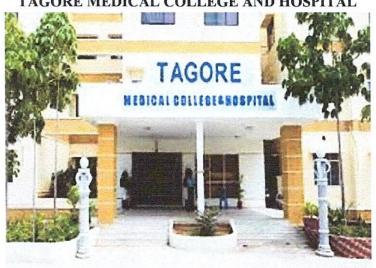


Interns: R. E. Abhirami R. Abhijit Aishwarya A

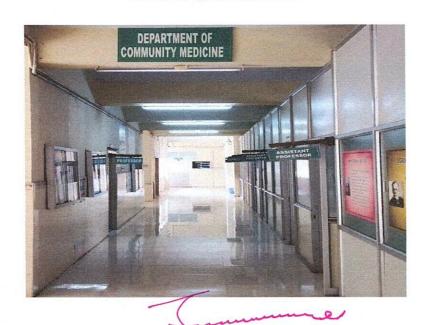
Beneficiaries: 28



# TAGORE MEDICAL COLLEGE AND HOSPITAL



# DEPARTMENT OF COMMUNITY MEDICINE ANNUAL REPORT 2022



TAGORE MEDICAL COLLEGE & HOSPITAL RATHINAMANGALAM, MELAKOTTAIYUR POST, Chennai-600 127.

# **Our Patrons**



Prof.Dr.M.Mala., M.A.,M.Phil.,PhD Chairperson and Managing Trustee, Tagore Educational Group of Institutions, Chennai



Dr. Kumudha Lingaraj., MD.,DA Dean, **Tagore Medical College and Hospital** Chennai



Dr. R. Karunanithi, MS Medical Superindent, Tagore Medical College and Hospital Chennai

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# HEAD OF THE DEPARTMENT



We express our gratitude to the esteemed Prof. Dr. M. Mala, M.A., M.Phil., Managing Trustee-Chairperson, Tagore Educational Trust, Chennai, Dr. Kumudha Lingaraj, Dean, TMCH, and Dr. R. Karunanithi, Medical Superintendent, TMCH for their ongoing support and goodwill shown towards the department.

We thank all of the faculty, postgraduates, staff members, and CRRIs of the department and the health facilities in Kelambakkam and Chrompet for your devotion, commitment, and involvement. They helped to improve the department's reputation to the highest levels by contributing in all the way they could. We genuinely appreciate the undergraduate students'enthuciasm and willingness to engage in all the innovative approaches incorporated into their curriculum.

We wish the management Tagore Educational Trust, Faculties, Post Graduates, Staff Members and CRRI's and MBBS undergraduates a glorious year ahead and let us all work together to scale new heights in medical education and serve the community with humility and compassion.

Dr.Ramesh Harihara Iyer., MD
Professor and HOD
Department of Community Medicine
Tagore Medical College and Hospital
Chennai-127

DEAN

# **DEPARTMENT - ORGANOGRAM**

Dr.Ramesh Harihara Iyer.MD
Professor and HOD

Dr.Sree.T.Sucharitha.,MD Professor

Dr.C.Sivagurnathan.MD Associate Professor Dr.R.C.Karthik.MD.
Associate professor

Dr.A.Vikram.MD
Assistant Professor

Dr. Deepak Avinash .MD Assistant Professor

Dr. Rajarajeshwari.MD Assistant Professor Dr.M.Ezhilvannan.Msc.,PhD Assistant Professor/ Statistician

Dr.D.Sureshkumar.MD Assistant Professor Dr.R.Prashanth.MD Associate Professori Epidemiologist

# **POSTGRADUATES:**

Dr.A.Keerthana 3<sup>RD</sup> Year Dr.S.Vinodhraja 3<sup>RD</sup> Year Dr.R.Nivetha 3<sup>RD</sup> Year

Dr. Srividya kumaravel 2<sup>nd</sup> Year

Dr.B.Mahitha 2<sup>nd</sup> Year Dr.Aarthi.S 2<sup>nd</sup> Year Dr.Rose Varghese 2<sup>nd</sup> Year

Dr.Archana.D 1st Year Dr.Sushmitha.S

Dr.Ancy.R.L 1st Year

5

DEAN

Dr.Ramesh Harihara Iyer.,M.D Professor and HOD, Department of Community Medicine Tagore Medical College and Hospital, Chennai

### Leadership position

- 1. Research Coordinator, Centre for Integrated Oral Cancer Prevention research Network (CiOCPrN)
- 2. Member, Student Co-ordination committee, TMCH

#### **EJOURNAL**

- Knowledge, Attitude and Practice of Physicians towards Post-Prophylaxis Blood Borne Pathogens after exposure to Potential Risk
- 2. Prevalence of Anthropometric Risk Factors for Non Communicable Diseases and Its Associated Socio Demographic Factors Among Elderly in an Urban Area of South India: A Community Based Cross Sectional Study
- 3. Evaluation of Psychological Wellbeing in Undergraduate Medical Students and Its Impact on Their Academic Performance: A Cross-Sectional Study from a Tertiary Care Medical College and Hospital Chennai, Tamil Nadu

# Webinars/online conferences:

- Organized an Online Webinar on 'World Tuberculosis Day 2022' organized by Department of Community Medicine Tagore Medical College and Hospital, Chennai on 24th March 2022
- 2. Honorary chairman for **IHCON 2022** conducted by the Department of Community Medicine, TMCH on 7<sup>th</sup> & 8<sup>th</sup> April 2022
- Organized a CME commemorating 'World AIDS Day 2022' organized by the Department of Community Medicine, Tagore Medical College and Hospital, Chennai on 16th Dec 2022

## **Events conducted:**

 Organized an Educational Role Play on 17<sup>th</sup>, May 2022 at patients Reception Lounge, TMCH commemorating WORLD HYPERTENSION DAY-2022. The theme this year: "Measure Your Blood Pressure, Control It, Live Longer".

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- Organized an Educational Role Play on 1<sup>ST</sup>, June 2022 at patients Reception Lounge, TMCH commemorating "World No Tobacco Day" The WHO theme this year: "Protect the Environment
- Organized an Educational Role Play on 30<sup>th</sup>, September 2022 at patients- Reception Lounge, TMCH commemorating INTERNATIONAL DAY OF AWARENESS OF FOOD LOSS AND WASTE

7 June

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Chennai-600 127.

Dr. C. Sivagurunathan.,M.D
Associate Professor
Department of Community Medicine
Tagore Medical College and Hospital, Chennai



# Leadership position and Team work

- 1. UG Academic coordinator, department of community medicine
- 2. Para clinical coordinator, TMCH
- 3. Core member (Criteria 6), NAAC Committee, TMCH
- 4. Member, Staff and Student canteen welfare Committee, TMCH

#### **Publications:**

- 1. Sucharitha S T, Pradeep R, Vikram A, Sivagurunathan C, Ezhilvanan M, Premkumar K. The pattern of tobacco use and the associated socio-demographic factors among Transgenders living in Chennai city of Tamil Nadu,India. JFMPC. Aug 2022; 11(8):4452-9.
- 2. Premkumar K, Sarojini S, Vikram A, Sivagurunathan C, Ezhilanan M, Rakshanaa R, et al. Prevalence of depression and anxiety among students preparing for national eligibility cum entrance test- undergraduate exam in Chennai, Tamil Nadu, India. JCDR. Dec 2022; 16(12): VC08-11.

# Webinars / Conferences/Workshops /CMEs attended:

- Participated in a webinar 'Zoominar 2022' Misconception and Management of dog bite organized by the Department of Community Medicine TMCH on 20th January 2022
- 5. Co-Organizing Secretary for IHCON 2022 conducted by the Department of Community Medicine , TMCH on  $7^{th}$  &  $8^{th}$  April 2022

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- Attended Online Webinar on 'World Tuberculosis Day 2022' organized by Department of Community Medicine Tagore Medical College and Hospital, Chennai on 24th March 2022
- Attended the Faculty Development Programme on 'Gamification in Online Teaching' -on
  Workshop held on 27th January 2022 by the Department of Anatomy in collaboration
  Medical Education Unit, Tagore Medical College and Hospital, Chennai.
- Attended the Faculty Development Programme on 'Good clinical practice' held on 12<sup>th</sup>
  March 2022 conducted by the Department of Pharmacolgy , JNMC , Belagavi .
- Participated as delegate in CME cum Workshop programme on 'Update on Good clinical Practice & ADR Reporting' held on 11<sup>th</sup> and 12<sup>th</sup> May 2022 by the Department of Pharmacology, Tagore Medical College and Hospital, Chennai
- 10. Participated in CME commemorating 'World AIDS Day 2022' organized by the Department of Community Medicine, Tagore Medical College and Hospital, Chennai on 16th Dec 2022

#### **Short Course**

 Completed 'Global Adolescent health' short course conducted by the University of Melbourne - Coursera held during September-October 2022

#### Guest Lecture delivered:

S.No.	Date	Conference/CME	Topic	Institution
1		TNIAPSM Conference	Discovering adolescent sexual and reproductive health	-
3	29 <sup>th</sup> &30 <sup>th</sup> June 2022	CME cum Worshop	Vector control and their challenges	Tagore Medical College and Hospital

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Dr.R.C.Karthik. MBBS.,MD Associate Professor Department of Community Medicine Tagore Medical College and Hospital, Chennai



### Leadership position and Team work

- 1. Member Secretary Library Committee
- 2. Member, Institutional Research Committee
- 3. Implementation Member (Criteria 2 ) NAAC Committee, TMCH
- 4. Member, Disciplinary Committee, Tagore Medical College and Hospital

### **Publications:**

 Karthik RC, Arumugam B, Ajay Chandrasekar VS, Anusuya GS, Karthick M. Depression, anxiety, and stress among undergraduate medical students: A cross-sectional study in Kancheepuram, India. Asian Journal of Medical Sciences, 2022;13(11):290-5

#### Webinars/ conferences:

- 1. Organizing Secretary and resource person for IHCON 2022 conducted by The Department of Community Medicine , TMCH on  $7^{th}$  &  $8^{th}$  April 2022
- Attended an Online Webinar on 'World Tuberculosis Day 2022' organized by Department of Community Medicine, Tagore Medical College and Hospital, Chennai on 24th March 2022
- 3. Participated as a delegate In the 49th Annual National conference of IAPSM and 23RD Joint IAPSM & IPHA Conference Maharashtra **'Beyond the pandemic :Time to move'** from 3rd to 5th March 2022.

#### Workshops& CMEs attended:

- Participated in a webinar 'Zoominar 2022' Misconception and Management of dog bite organized by the department of community medicine TMCH on 20th January 2022
- 2. Participated in a Webinar series on 'Qualitative study designs' conducted by Tagore-ICMR-NIE conducted by the department of pharmacology and department of community medicine TMCH on 28th January 2022

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- 3. Attended the Faculty Development Programme on 'Gamification in Online Teaching' Hands on Workshop held on 27<sup>th</sup> January 2022 by the Department of Anatomy in collaboration with Medical Education Unit, Tagore Medical College and Hospital, Chennai
- 4. Participated as delegate in CME cum Workshop programme on 'Update on Good clinical Practice & ADR Reporting' held on 11th and 12th May 2022 by the Department of Pharmacology, Tagore Medical College and Hospital, Chennai
- 5. Participated in online workshop on 'A to Z in Health Economics (Basic Course)' organized by IIHMR, Delhi from 10<sup>th</sup> -13<sup>th</sup> October 2022
- 6. Participated in the workshop **'From Beginners to Masters: Learn Epi-Info in Simple Steps'** held on 13th December 2022 organized by the Department of Community Medicine, Sri Satya Sai Medical College and Research Institute, Ammapettai
- Speaker in CME commemorating 'World AIDS Day 2022' organized by the Department of Community Medicine, Tagore Medical College and Hospital, Chennai on 16th Dec 2022

#### **STUDENT AWARDS:**

- Guided M.Karthick, CRMI from Tagore Medical College and Hospital, who presented a research paper in *IGNOZIA '22"* conducted by the Department of Community Medicine ,Government Medical College, Omandurar Government Estate, Chennai-02 on 26.08.2022 and won the "Consolation Prize".
- Guided CRMI Raghunandan Ramanathan who presented a paper in 77th TIMACON CHENNAI
  2022 and was awarded the Best Scientific Paper Award conducted by Indian Medical
  Association, Tamil Nadu State Branch.





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Dr. A. Vikram., MBBS., MD Assistant Professor Department of Community Medicine

Tagore Medical College and Hospital, Chennai.



## Leadership position and Teamwork:

- Assistant Professor in charge of the Rural Health and Training Centre, Kelambakkam since February 2021
- 2. Implementation member (Criteria 2) in NAAC committee, Tagore Medical College and Hospital.
- 3. Member, Institution Ethics Committee
- 4. Treasurer, IHCON 2022

#### **Publications**

- Pawar N, Kumar N, Vikram A [Corresponding Author], Sembiah S, Rajawat G. Depression and its socio-demographic correlates among urban slum dwellers of North India: A cross sectional study. J Family Med Prim Care 2022;11:2369-76.
- 2. Sucharitha ST, Pradeep R, **Vikram A**, Sivagurunathan C, Ezhilvanan M, Premkumar K. The pattern of tobacco use and the associated socio-demographic factors among transgenders living in Chennai city of Tamil Nadu, India. J Family Med Prim Care 2022;11:4452-9.
- 3. Premkumar K, Sarojini S, **Vikram A**, Sivagurunathan C, Ezhilvanan M, Rakshana R. Prevalence of Depression and Anxiety among Students Preparing for National Eligibility Cum Entrance Test- Undergraduate Exam in Chennai, Tamil Nadu, India. Journal of Clinical and Diagnostic Research. 2022;16(12):VC08-VC11

### Webinars/Online Conferences

- Participated in a webinar 'Zoominar 2022' Misconception and Management of dog bite organized by the department of community medicine TMCH on 20th January 2022
- Participated in a Webinar series on 'Qualitative study designs' conducted by Tagore-ICMR-NIE conducted by the department of pharmacology and department of community medicine TMCH on 28th January 2022
- Speaker in Online Webinar on 'World Tuberculosis Day 2022' organized by Department of Community Medicine, Tagore Medical College and Hospital, Chennai on 24th March 2022

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4. Participated in online workshop on 'A to Z in Health Economics (Basic Course)' organized by IIHMR, Delhi from 10<sup>th</sup> -13<sup>th</sup> October 2022

## Workshops and CMEs attended

- Attended a workshop on 'Research Methodology-skill-building workshop' research communication held on 11<sup>th</sup> January 2022 and 28<sup>th</sup> January 2022 by the Department of community medicine and department of Pharmacology
- Attended the Faculty Development Programme on 'Gamification in Online Teaching' Hands on Workshop held on 27<sup>th</sup> January 2022 by the Department of Anatomy in collaboration with Medical Education Unit, Tagore Medical College and Hospital, Chennai
- Treasurer for IHCON 2022 organized by the department of Community Medicine ,TMCH on 7th & 8th April 2022
- Participated as delegate in CME cum Workshop programme on 'Update on Good clinical Practice & ADR Reporting' held on 11<sup>th</sup> and 12<sup>th</sup> May 2022 by the Department of Pharmacology, Tagore Medical College and Hospital, Chennai
- Participated in the workshop 'From Beginners to Masters: Learn Epi-Info in Simple Steps' held on 13th December 2022 organized by the Department of Community Medicine, Sri Satya Sai Medical College and Research Institute, Ammapettai
- Speaker in CME commemorating 'World AIDS Day 2022' organized by the Department of Community Medicine, Tagore Medical College and Hospital, Chennai on 16th Dec 2022

#### **ICMR Online Courses**

- Completed NIE-ICMR e-certificate course 'Ethics Review of Health Research' (October 2021 – January 2022)
- 2. Completed ICMR 'Scientific Writing in Health Research' online course with a score of 94%
- Completed Institute of Public Health, Bengaluru online Certificate course in Research Methods (eRM) from March – July 2022
- 4. Completed NPTEL IIT Kharagpur online certificate course 'Basics of Health Promotion and Education Intervention' (July –September 2022) with a consolidated score of 93% {Faculty Development Programme}

Dr. M.Ezhilvanan, M.Sc., M.Phil., Ph.D., M.B.A., Statistician Cum assistant professor Department of Community Medicine Tagore Medical College and Hospital, Chennai



#### Team work

- 1. Implementation Member, NAAC Committee, TMCH
- 2. Member, Disciplinary Committee, TMCH

#### **Publications:**

- Sucharitha, Sree T. Pradeep, Rangasawamy, Vikram, Ashokkumar; Sivagurunathan, Chinnaian, Ezhilvanan, Mani, Premkumar, K. The pattern of tobacco use and the associated socio-demographic factors among Transgenders living in Chennai city of Tamil Nadu, India. Journal of Family Medicine and Primary Care Aug 2022 11(8): 4452-9.
- Sucharitha ST, Arunagirinathan K, Lakshmi RV, Ezhilvannan M. Assessment of COVID-19
   Impact on Academic Productivity: Online Pilot Web-Survey. Glob J Innov Med Sci. 2022 Mar 30;1(1):11–9.
- Premkumar K, Sarojini S, Vikram A, Sivagurunathan C, Ezhilanan M, Rakshanaa R, et al.
   Prevalence of depression and anxiety among students preparing for national eligibility cum entrance test- undergraduate exam in Chennai, Tamil Nadu, India.
   JOURNAL OF CLINICAL AND DIAGNOSTIC RESEARCH. Dec 2022; 16(12): VC08-11.

#### Webinars/online workshop/ conference:

1. Participated in a webinar 'Zoominar 2022' Misconception and Management of dog bite organized by the department of community medicine TMCH on  $20^{th}$  January 2022

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- 2. Participated in a Webinar series on 'Qualitative study designs' conducted by Tagore-ICMR-NIE conducted by the department of pharmacology and department of community medicine TMCH on 28th January 2022
- 3. Attended an Online Webinar on 'World Tuberculosis Day 2022' organized by Department of Community Medicine, Tagore Medical College and Hospital, Chennai on 24th March 2022
- 4. Logistics Coordinator for **IHCON 2022** organized by the Department of Community Medicine ,TMCH on 7th & 8th April 2022
- 5. Participated in online workshop on 'A to Z in Health Economics (Basic Course)' organized by IIHMR, Delhi from 10<sup>th</sup> -13<sup>th</sup> October 2022
- 6. Participated in CME commemorating 'World AIDS Day 2022' organized by the Department of Community Medicine, Tagore Medical College and Hospital, Chennai on 16th Dec 2022

Dr.Deepak Avinash Tutor Department of Community Medicine Tagore Medical College and Hospital, Chennai



## Webinars / Online workshop / Conference

- 1. Participated in a webinar **'Zoominar 2022'** Misconception and Management of dog bite organized by the department of community medicine TMCH on 20th January 2022
- Attended the Faculty Development Programme on 'Gamification in Online Teaching' Hands on Workshop held on 27th January 2022 by the Department of Anatomy in collaboration with Medical Education Unit, Tagore Medical College and Hospital, Chennai
- 3. Participated in a Webinar series on 'Qualitative study designs' conducted by Tagore-ICMR-NIE conducted by the department of pharmacology and department of community medicine TMCH on 28th January 2022
- 4. Attended an Online Webinar on 'World Tuberculosis Day 2022' organized by Department of Community Medicine, Tagore Medical College and Hospital, Chennai on 24th March 2022
- 5. Co-Treasurer for IHCON 2022 organized by the Department of Community Medicine , TMCH on  $7^{th}$  &  $8^{th}$  April 2022
- 6. Participated as delegate in CME cum Workshop programme on '**Update on Good clinical Practice & ADR Reporting**' held on 11<sup>th</sup> and 12<sup>th</sup> May 2022 by the Department of
  Pharmacology, Tagore Medical College and Hospital, Chennai
- 7. Participated in CME commemorating 'World AIDS Day 2022' organized by the Department of Community Medicine, Tagore Medical College and Hospital, Chennai on 16th Dec 2022

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Dr. N. Rajarajeshwari Tutor Department of Community Medicine Tagore Medical College and Hospital, Chennai



## Webinars / online conferences:

- 1. Participated in a webinar 'Zoominar 2022' Misconception and Management of dog bite organized by the department of community medicine TMCH on 20th January 2022
- 2. Attended the Faculty Development Programme on 'Gamification in Online Teaching' Hands on Workshop held on 27<sup>th</sup> January 2022 by the Department of Anatomy in collaboration with Medical Education Unit, Tagore Medical College and Hospital, Chennai
- 3. Participated in a Webinar series on 'Qualitative study designs' conducted by Tagore-ICMR-NIE conducted by the department of pharmacology and department of community medicine TMCH on 28th January 2022
- 4. Attended an Online Webinar on 'World Tuberculosis Day 2022' organized by Department of Community Medicine, Tagore Medical College and Hospital, Chennai on 24th March 2022
- 5. Co-Treasurer for IHCON 2022 organized by the Department of Community Medicine , TMCH on  $7^{th}$  &  $8^{th}$  April 2022
- 6. Participated as delegate in CME cum Workshop programme on 'Update on Good clinical Practice & ADR Reporting' held on 11th and 12th May 2022 by the Department of Pharmacology, Tagore Medical College and Hospital, Chennai

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Dr. A. Keerthana
3<sup>rd</sup> year Post graduate
Department of Community Medicine
TMCH, Chennai



Dr.S.Vinodhraja 3<sup>rd</sup> year Post graduate Department of Community Medicine TMCH, Chennai



Dr. R. Nivetha
3<sup>rd</sup> year Post graduate
Department of Community Medicine
TMCH, Chennai



Dr.Srividhya

2<sup>nd</sup> year Post graduate

Department of Community

Medicine

TMCH, Chennai



Dr.Mahitha
2nd year Post graduate
Department of Community
Medicine
TMCH, Chennai



Dr.Aarthi
2nd year Post graduate
Department of Community
Medicine
TMCH, Chennai



Dr.Rose
2nd year Post graduate
Department of Community
Medicine
TMCH, Chennai



Dr.Archana
1st year Post graduate
Department of Community
Medicine
TMCH, Chennai



Dr.Sushmitha.S 1st year Post graduate Department of Community Medicine TMCH, Chennai



Dr.Ancy.R.L

1st year Post graduate

Department of Community

Medicine

TMCH, Chennai



# Activities of the Post Graduates in 2022

SI.No	DATE	Workshops/ e-Conferences/CMEs/Webinars attended	
1.	20.01.2022	ZOOMINAR 2022' MISCONCEPTION AND MANAGEMENT OF DOG BITE TMCH	
2.	28.01.2022	WEBINAR SERIES ON QUALITATIVE STUDY DESIGNS TAGORE-ICMR-NIE	
3.	24.03.2022	ONLINE WEBINAR ON 'WORLD TUBERCULOSIS DAY 2022' TMCH	
4.	04.03.2022	IAPSMCON 22 NAGPUR NATIONAL CONFERENCE	
5.	07.04.2022 - 08.04.2022	IHCON 22 CHENNAI INTERNATIONAL CONFERENCE	
6.	22.07.2022	VEBDICON - NATIONAL CONFERENCE ON VECTOR BORNE DISEASES 2022	
7.	25.07.2022 - 31.07.2022	SERB ACCELERATE VIGYAN (AV) SPONSORED SEVEN DAY WORKSHOP IN IIIT TRICHY	
8.	02.08.2022	INSTITUTE OF VECTOR CONTROL AND ZOONOSES- ENTAMOLOGY TRAINING	
9.	03.08.2022- 05.08.2022	MED ANALYTICS SPSS-ADVANCED MEDICAL STATISTICS	
10.	25.08.2022	CERVICAL CANCER : A PREVENTABLE CANCER LECTURE SERIES – ACPCC 2022	
11.	24.09.2022- 26.09.2022	GLOBAL INSTITUTE OF STATISTICAL SOLUTIONS SPSS WORKSHOP	
12.	28.10.2022	RABI CON 2022 : RABIES ELIMINATION BY 2030 GLOBAL STATERGIES	
13.	04.11.2022- 05.11.2022	COMMED-Q 4.0 STANLEY MEDICAL COLLEGE	
14.	04.11.2022- 05.11.2022	TN-IAPSMCON-2022 HOLISTIC APPROACH TOWARDS CHILD AND ADOLESCENT HEALTH	
15.	06.12.2022	DPHICON-22 CHENNAI STATE CONFERENCE	
16.	16.12.2022	CME ON WORLD AIDS DAY 2022 TMCH	

## **RESEARCH 2022**

## 1. Published Research Projects (2022).

SL.O				
1.				
2.	Sucharitha ST, Pradeep R, Vikram A, Sivagurunathan C, Ezhilvanan M, et al. The			
	pattern of tobacco use and the associated socio-demographic factors among			
	Transgenders living in Chennai city of Tamil Nadu, India. Journal of Family Medicine			
	and Primary Care. 2022; 11(8);4452-9			
3.	Karthik RC, Arumugam B, Ajay Chandrasekar VS, Anusuya GS, Karthick M. Depression, anxiety, and stress among undergraduate medical students: A cross-sectional study in Kancheepuram, India. Asian Journal of Medical Sciences. 2022;13(11):290-5			
4.	Premkumar K, Sarojini S, Vikram A, Sivagurunathan C, Ezhilanan M, Rakshanaa R, et			
	al. Prevalence of depression and anxiety among students preparing for national			
	eligibility cum entrance test- undergraduate exam in Chennai, Tamil Nadu, India.			
	Journal of clinical and diagnostic research. 2022; 16(12): VC08-11.			
5.	Sucharitha ST, Lakshmi RV, Singh R, Nivetha R. Infant and Young Child Feeding			
	practices promotion during COVID-19 by Obstetricians in diverse care settings: A			
	Telephone-Interview Qualitative Study in Chennai, Tamil Nadu. Global Journal of			
	Innovation in Medical Science. 2022 ;1(1):36–47.			
6.	Sucharitha ST, Arunagirinathan K, Lakshmi RV, Ezhilvannan M. COVID-19 Impact on			
	Academic Productivity: Online Pilot Web-Survey. Global Journal of Innovation in			
100	Medical Science . 2022 ;1(1):11–9.			

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## 2. Completed Research Projects (2022).

SL.N O	Completed Research Projects	NAME OF FACULTY/PG	
1.	Clinico Demographic Profile and Treatment Outcome o COVID-19 Patients Admitted in a Designated Tertiary Care Hospital, Chennai: A Comparative Analysis of First and Second Wave of the Pandemic	Dr.C.Sivagurunathan	
2.	A Cross Sectional Study on Physician's Insight Towards E-Sanjeevani OPD in Tamil Nadu	Dr.A.Keerthana Dr. C.Sivagurunathan Dr.M.Ezhilvanan	
3.	Adverse Events Following COVID-19 Vaccination.	Dr.A.Keerthana Dr.C.Sivagurunathan	
4.	Knowledge, Attitude and Practice of Physicians towards Post-Prophylaxis Blood Borne Pathogens after exposure to Potential Risk	Dr.A.Keerthana Dr.Ramesh Iyer Dr.C.Sivagurunathan	
5.	Utilisation of Poly Clinic Services Among Urban Slum Dwellers in Greater Chennai Corporation :A population Based Cross Sectional study	Dr.S.Vinodhraja Dr.R.C.Karthik Dr.A.Vikram Dr.M.Ezhilvanan	
6.	Prevalence of Anthropometric Risk Factors for Non Communicable Diseases and Its Associated Socio Demographic Factors Among Elderly in an Urban Area of South India: A Community Based Cross Sectional Study	Dr.S.Vinodhraja Dr.R.C.Karthik Dr.A.Vikram	
7.	Dropout Rate of Anti-Rabies Vaccination Among Rural and Urban Communities in Tamil Nadu: A Comparative Cross-Sectional Study	Dr.S.Vinodhraja Dr.R.C.Karthik Dr.A.Vikram	
8.	A Comparative Study of Nutritional Status Among Preschool Children in Rural and Urban Population, Tamil Nadu	Dr.R.Nivetha Dr.Ramesh Iyer Dr.Rajarajeshwari Dr.M.Ezhilvanan	

9.	Evaluation of Psychological Wellbeing in Undergraduate Medical Students and Its Impact on Their Academic Performance: A Cross- Sectional Study from a Tertiary Care Medical College and Hospital Chennai, Tamil Nadu	Dr.R.Nivetha Dr.Ramesh Iyer Dr.Rajarajeshwari
10.	A Cross Sectional Comparative Study of Anxiety and Depression among Doctors Working in Covid Care Centres during The First and Second Waves of COVID-19 Pandmic in Chennai Tamil Nadu	Dr.R.Nivetha Dr.A.Vikram
11.	A Retrospective comparative on CT severity in HRCT lung report among vaccinated and non vaccinated COVID-19 patients admitted in a designated covid Hospital ,Tamil Nadu	Dr.R.Nivetha Dr.C.Sivagurunathan

# 3.Ongoing Research Projects (2022).

SL.N O	Ongoing Research Projects	Dr.R.Nivetha Dr.C.Sivagurunathan	
1.	Effectiveness of BBV152 (COVAXIN) Vaccines and ChAdOx1-S (COVISHEILD) Vaccine in preventing severe disease among vaccinated patients admitted in a designated COVID-19 Hospital, Tamil Nadu -A retrospective study		
2.	Breast self examination and risk factors of Breast cancer among women in rural field practice area of A Medical College, A cross sectional study	Dr.B.Mahitha Dr.Ramesh Harihara Iyer	
3.	A Cross-Sectional Study of the Quality of Life of Elderly Women in the Urban and Rural Areas of Chengalpattu District	Dr.Srividya Kumarvel Dr.R.C.Karthik Dr.A.Vikram	
4.	A Comparative study of Prevelance of Premenstrual Syndrome and it's Associated Risk Factors Among Reproductive Age Group Women in Urban and Rural Field Practice Areas of a Medical College and Hospital in Tamil Nadu.	Dr.Rose Varghese Dr.C.Sivagurunathan Dr.Deepak Avinash	
5.	A Cross Sectional Study to Assess Prevalence of Malnutrition Among School going Adolescent Aged 15-17 Years and its Association with Dietary Habits and Physical Activity in Thiruvallur District	Dr.Aarthi.S Dr.C.Sivagurunathan Dr.A.Vikram	

# 4. Papers Presented InNational and International Conferences (2021).

SL.NO	NAME OF FACULTY	Papers Presented in National Conferences	ORAL/POSTER	DATE
1.	Dr.R.Nivetha	IAPSMCON-22 NAGPUR	ORAL	04.03.2022
		IHCON-22 CHENNAI	POSTER	08.04.2022
		IHCON-22 CHENNAI	ORAL	08.04.2021
		DPHICON-22 CHENNAI	POSTER	06.12.2022
2.	Dr.S.Vinodhraja	IHCON-22 CHENNAI	QUIZ	08.04.2022
3.	Dr.V.Kavitha	IHCON-22 CHENNAI	QUIZ	08.04.2022
4.	Dr.A.Keerthana	IAPSMCON-22 NAGPUR	POSTER	04.03.2022
		IHCON-22 CHENNAI	ORAL	08.04.2022
5.	Dr.Aarthi.S	DPHICON-22 CHENNAI	ORAL	06.12.2022

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